



Washington Apple Press

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In this issue . . .



WSNA President Vickie Ayers
vayers@bethelsd.org

“Perseverance is stubbornness with a purpose.” - Josh Shipp

Josh Shipp is a teen expert and youth speaker best known for his TEDx Talk entitled *Every Kid is One Caring Adult Away from Being a Success*. Josh grew up in the foster care system and has chosen to use his own personal life story to help teens and to teach adults how they, too, can help.

To persevere is to never give up no matter what challenges or obstacles are placed in your path. As child nutrition professionals, persevering is what we do! No matter how many state laws, federal regulations, health department rules, local district procedures and public opinions that are placed in our paths we are always successful in reaching our ultimate goal – feeding the kids!

Having the support of a professional organization like the Washington School Nutrition Association is priceless. In Washington State alone we serve almost 200,000 breakfasts and a half a million lunches in a few short hours every single school day; who else does that! What WSNA provides is a platform for child nutrition professionals to generate positive energy around school meal programs, network with other child nutrition professionals, share new ideas, share old ideas, share what works, and share what doesn't work. We are the best at sharing because we have no time to reinvent the wheel; chances are, if one program has a challenge, another program has already faced and conquered that same challenge.

WSNA's mission is to engage, educate, and empower school nutrition professionals to advance the accessibility, quality, and integrity of school meal programs with a purpose of nourishing and educating our students. We are the voices of child nutrition!

We have had a very busy year, but it is not over yet! We still have our main event in front of us, which is our annual state conference. Spokane is always a great time! Our conference committee, led by Mark Oswalt and our President-elect Pam Milleson, have planned an outstanding event to entertain and educate you. This year's conference will be extra special as we honor two people whose dedication and outstanding service to our association have made our state one of the strongest School Nutrition Association state chapters in the nation! Executive Director Peggy Rieper and Executive Assistant Kathy Buchanan are retiring in November 2019; this will be their last conference as WSNA employees. Please join us in Spokane July 29-31 2019 to help us celebrate them as we celebrate you! What happens in Spokane stays in Spokane!

It has been an honor to serve all of you over the past six years as your Marketing Chair, Vice President, President-elect and President. It has been an experience of a lifetime that I will cherish forever. I can only hope to inspire some of you to take the journey; I assure you, you will not be disappointed. Come and see me; I would love to talk to you and answer any questions you have.

Shout it from the Rooftops – School Meals Matter!

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2019 Conference Hotel Details

If you haven't yet made reservations for Annual State Conference, don't waste another moment . . . reserve now!

DoubleTree by Hilton Spokane City Center
322 N Spokane Falls Court

Rates: Single/Double: \$135; \$10 each extra person

Reservations may be made online at
<http://group.doubletree.com/WSNA2019> or
by calling either (509) 744-2363 or (800) 222-8733.

- When calling, please request the WSNA - Washington School Nutrition Association Room Block.
- **Deadline for reserving rooms at the reduced rate is July 13.**
- Parking is \$9 per night per vehicle.
- Airport shuttle is \$18 (one-way) or \$28 (round-trip) per room.

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Pre-Conference Training Classes

Training courses for food service personnel will be available in Spokane before and during the 2019 WSNA Annual State Conference. Take advantage of this opportunity to become certificated, earn Key Area credits, or earn CEU's.

On Sunday, July 28, *Financial Management for Directors* and *Food Safety in Schools* will be offered. *Nutrition 101* will be offered on Monday and Tuesday during conference. Please see the details that follow.

Registration Process

Pre-registration is required. Use the conference registration form on page 13 to pre-register for the classes. In addition, the a link to the registration form is available on the WSNA website at www.washingtonsna.org.

If a minimum of 20 registrations has not been received for a specific class by July 10, the class will be cancelled and refunds made. Be sure to register early to insure that the class you want is not cancelled. In addition, there is a **maximum number of registrants per class.**

Financial Management for Directors

8 hours of Key Area 3 credits or CEU's

The Financial Management training session, developed by the Institute of Child Nutrition (ICN) will provide school nutrition program directors with information to enable them to recognize and implement sound financial principles. With changing federal regulations, increasing program cost, and improvements to the quality and nutrition content of school meals, it is imperative that school nutrition program directors understand financial management as it relates to the school nutrition program.

While this course cannot teach participants everything they need to know about financial management, it will improve understanding of the relationship between financial management and school nutrition program quality.

Class time: Sunday, 7/28, 8 am to 5 pm
(One hour lunch on your own)

Fee: \$50

Pre-registration is required (See page 13.) *Minimum class size (by 7/10): 20; Maximum class size: 45.*

Food Safety in Schools

8 hours of Key Area 1 credits or CEU's

Qualifies for SNA Core Course Certificate Level 1.

Food safety is the responsibility of every person in school nutrition programs. Every action has the potential to impact the safety of the food, whether during purchasing, storing,

Food Safety in Schools (cont.)

preparing, holding, serving, or cleaning. This comprehensive food safety training course, taught by an Institute of Child Nutrition (ICN) instructor, provides guidance for school nutrition professionals to assure the preparation and service of safe food and how to manage a safe and sanitary school nutrition operation.

Lesson topics:

- Food Safety is Top Priority
- Prevent Foodborne Illness: Understanding Microorganisms
- Basic Facts About Microorganisms
- A Clean and Sanitary School Nutrition Facility
- Process for Preventing Foodborne Illness
- Food Safety Programs in Schools

Class time: Sunday, 7/28, 8 am to 5 pm
(One hour lunch on your own)

Fee: \$50

Pre-registration is required (See page 13.) *Minimum class size (by 7/10): 20; Maximum class size: 45.*

Nutrition 101

8 hours of Key Area 2 credits or CEU's

Qualifies for SNA core course certificate level 1.

This training provides a basic overview of nutrition with an emphasis on the importance of balance in daily food choices and the inclusion of physical activity as a key component to good health. The training incorporates a variety of learning activities including short physical activity boosters. Lesson topics:

- Lesson 1: Nutrition is Important to You!
- Lesson 2: Tools for Guiding Food Choices
- Lesson 3: Macronutrients: The Energy Nutrients
- Lesson 4: Micronutrients: Vitamins and Minerals
- Lesson 5: Special Diets
- Lesson 6: Putting It All Together
- Lesson 7: Nutrition Issues in the Media

This class is offered during regular conference hours. All conference events, meals, etc., as well as this training are included with your conference registration.

Class time: Monday, 7/29, 1:30 to 5:30 pm, and
Tuesday, 7/30, 1:00 to 5:00 pm

Fee: \$0; Conference registration required

Pre-registration is required (See page 13.) *Minimum class size (by 7/10): 20; Maximum class size: 45.*

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 Scott Kelling, Spokane, WA. 800.372.4747 EXT. 4837712
 Pam Olsen, Kent, WA. 800.562.5317

Scholarship Opportunity for Pre-Conference Training Courses

The Ruth Ann Bennett Scholarship is for WSNA members registered for a *pre-conference* training class. To qualify for consideration, (1) you must be a member of WSNA, (2) you must pay your own registration fee for the training class (your district, chapter or other cannot pay or reimburse you), and (3) your attendance must be verified. Upon application, approval, and meeting the criteria above, you will be reimbursed. A total of \$600 is available! **There is no scholarship available for Nutrition 101.**

Each applicant may apply for scholarship funds to cover as many classes as the applicant takes, but prepayment is required and scholarship checks will be mailed after conference. You may either submit the application at time of payment, or you can bring it with you to the class. (Remember, however, that pre-registration is required for these classes.)

Please contact Peggy Rieper, 509.220.6121, wsnaexec@comcast.net, if you have questions.

Ruth Ann Bennett Scholarship Application

NAME _____ MEMBER # _____

HOME ADDRESS: _____ CITY _____ ZIP _____

PHONE (____) _____ DISTRICT _____

I am registered for the following: Certification: Food Safety Key Area Credits: Financial Mgmt. for Directors
 I certify that I am paying my own registration and am not receiving reimbursement from my employer.

Signed _____ Date _____



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2019 Conference Keynote Speakers



Maureen Mulvaney, MGM
Shout It from the Rooftops: School Meals Matter

First General Session

Born Maureen Gail Mulvaney, she certainly lives up to her initials **MGM** . . . a Big Production. MGM is a multi-faceted professional speaker and author who has spoken from Finland to Malaysia and in every corner of the USA. She has shared the stage with such notables as Dr. Norman Vincent Peale, Dr. Joyce Brothers, Ann Jillian, Lynn Sherr, Mary Higgins Clark and many others. Her audiences encompassed a broad spectrum of participants from all walks of life.

MGM is the author of the best seller *The Women's Millionaire Club~Success Recipes of Millionaire Women Entrepreneurs*, *The Stress Strategist*, *Any Kid Can be a Super Star*, and co-author of *Chicken Soup for the Teacher's Soul*, *Mission Possible*, and *Stinky David*.

MGM is a Super Star in her own right as she has earned the highly coveted National Speakers Association CSP (Certified Speaking Professional) designation. Only the top 10% of all speakers, around the world, have achieved this designation. MGM has also been a private practice therapist, psychology college instructor, public relations executive, and special and elementary educator.

MGM's action-packed keynotes, seminars and general sessions receive rave reviews from frontline employees to CEO's. Her presentation is a blend of researched information and personal anecdotes to provide an entertaining, yet valuable, learning experience. Be prepared to *Laugh and Learn*.



Katie Wilson, PhD, SNS
Take Pride in Your Stride
Closing General Session

Dr. Wilson has a passion for child nutrition and has dedicated her career to improving access to healthy food for all children and their families. She has spent 23 years as a successful school nutrition director in three public school districts in Wisconsin, 5 years as the Executive Director for the Institute of Child Nutrition (USDA's training arm for school nutrition nationwide) and assistant professor at the University of Mississippi and most recently, 2 years as the Deputy Under Secretary of Food, Nutrition, and Consumer Services at

the United States Department of Agriculture, appointed by President Obama.

Her professional service also includes serving on the 31st Standing Committee on Nutrition at the United Nations, as Chair of the National Nutrition Standards Task Force, in many leadership positions for the School Nutrition Association, including 2008-2009 President, and as an expert on a variety of foundation and non-profit Boards of Directors. Katie has shared her expertise throughout the United States and around the world as an invited consultant, speaker, and academic guest lecturer for numerous school districts, government and private organizations, industry sales teams, colleges/ universities, and researchers interested in the field of nutrition, child health, and school food service management.

Dr. Wilson holds a bachelor's of science degree in dietetics, a master's degree in food science and nutrition from the University of WI – Stout, and a doctoral degree in foodservice and lodging management from Iowa State University. She is credentialed as a School Nutrition Specialist.

She has received many peer nominated awards throughout her career and is considered one of the top experts in the field of school nutrition.



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**SHOUT IT FROM THE ROOFTOP
AUCTION DONATIONS NEEDED**

WSNA Education Fund Auction 2019

Paula Gualtieri and Denice Kwate, WSNA Silent Auction Co-Chairs

Plans have begun for the Washington School Nutrition Association Annual State Conference in Spokane July 29-31. This also means it is time to start thinking and planning for the annual Silent Auction. We plan to feature a mixed auction that will include a silent auction with bid sheets and a raffle ticket system. Raffle tickets for auction items will be \$1 each, and the winning tickets are drawn from those who take a chance. All monies collected in the Silent Auction go to support WSNA Education Fund, so we will want to make this year's auction a success.

However, what can you contribute?? Here are a few suggestions for donations . . .

- A basket filled with items that are a certain color
- Sports team basket for our favorite team
- Family game night which might include puzzles, card & board games, snacks & beverages
- Car Care
- College
- Cooking with Kids
- Pet Lover
- Makings for Happy Hour
- BBQ Items
- Fun at the Beach
- Road Trip fun
- Purses, Purses, Purses . . . with or without a surprise inside
- The fixin's for a meal (soup, spaghetti, etc.)
- Coffee/Tea theme
- Wine and/or Beer theme
- Spa pampering
- Tickets to a game or movie

When you bring an item to the auction, please bring your auction items to the registration area as soon as you arrive at Conference. Drop off times are Sunday, July 28, from 11:00 am to 5:00 pm and Monday, July 29, at 6:30 am. The auction will be open for bidding on Monday from 7:00 am to 5:00 pm and on Tuesday from 2:15 pm to 5:30 pm. Items won will need to be paid for and picked up on Wednesday from 6:30 am to 8 am.

Have any questions about the auction? Please contact Paula Gualtieri @ pgual@outlook.com or Denice Kwate, RD at dkwate@cvsd.org.

Thank you in advance for your continued support of the WSNA Education Fund.
This event helps WSNA with professional development. Please plan to donate
and bid on your favorite items!

SNS Credentialing Test: July 28, 2019 ~ Spokane

WSNA is once again offering the SNS credentialing test on Sunday, July 28, from 8 am to noon in Spokane. The SNS Credential is a mark of excellence that reflects what it takes to manage school nutrition programs in today's challenging climate. The Exam evaluates candidates' knowledge and skills required to perform specific job activities related to managing or directing school nutrition programs.

The SNS exam is based on four key areas that encompass nine knowledge/content areas and competencies. SNA is releasing a new School Nutrition Specialist (SNS) exam in July that will have some minor content area modifications. With the Content Area IV: Procurement and Inventory Management has been split and renamed Content Area IV: Procurement Management. This content area is now entirely dedicated to procurement related competencies and accounts for 5.5% of the overall exam. The inventory related competencies have been redistributed to other content areas, mainly Content Area III. To reflect this change, Content Area III is now named Food Production, Inventory, and Operation Management.

The SNS exam includes 220 multiple choice questions of which only 200 questions will be scored. The remaining 20 questions will not be scored and are being pre-tested for future

examinations. The pre-test items will be randomly dispersed throughout the exam, so candidates should plan on answering all questions. *Before you can sit for the SNS credentialing exam, you must meet the academic, key area hours, and work experience requirements listed in the chart below.*

Exam Registration Information ~ To register, visit www.schoolnutrition.org/sns and download the SNS Credentialing Exam Handbook. The SNS Handbook includes the requirements, application, content/knowledge areas, and a list of resource materials to help you study. *The exam will be administered July 28, 2019, in Spokane at the Spokane Doubletree Hotel. Registration is currently open and concludes on July 7, 2019. You must register through the SNA website. (schoolnutrition.org/sns)*

The application fee for the exam is \$225 for members and \$325 for non-members. If you are not deemed eligible to sit for the exam or cancel your exam registration, you will receive a refund of the exam application fee minus the processing fee of \$50.

If you have questions about the process to register, you may contact Peggy Rieper, WSNA Executive Director, wsnaexec@comcast.net.

Option One

Academic Requirements:

60 College Credits **OR** Associate's Degree **AND**

Key Area Requirements:

Additional 30 College Credits in any of the four Key Areas: Operations, Nutrition, Administration, Communications/Marketing **OR**

Work Experience in coordinating, managing, or supervising various aspects of child nutrition programs may be substituted for 30 college credits (1 year of work experience equals 10 college credits.) **AND**

Work Experience Requirements:

One year of work experience related to school nutrition within the past 5 years in any of the following settings

- School Nutrition Program (District/State/Federal)
- Community Nutrition Program (Child Care/Head Start)
- SNA State/National Association Staff
- College/University/Technical/Culinary Program (Staff/Faculty/Research)
- Trainer/Consultant/Industry Staff
- State/Community Agency

Option Two

Academic Requirements:

Bachelor's Degree or Higher **AND**

Work Experience Requirements:

Same as Option One

2019 Conference Program (Tentative)

Sunday, July 28 (Pre-Conference Training)

- 8:00 am - 5:00 pm **WSNA Classes**
Financial Management for Directors
Food Safety in Schools
- 3:00 pm - 5:00 pm **Blood Drive**
- Monday, July 29**
- 6:00 am - 6:30 am **Wellness Walk or Essentrics Workout**
- 6:45 am - 7:45 am **Continental Breakfast**
- 6:45 am - 7:45 am **First-timers Session (Breakfast served)**
- 8:00 am - 10:30 am **First General Session**
Keynote: Maureen G Mulvaney (MGM)
- 10:30 am - 11:00 am **Networking Break**
- 11:00 am - 1:15 pm **Delegate Assembly & Luncheon**
- 1:30 pm - 5:30 pm **Nutrition 101 (Part 1 of 2)**
- 1:30 pm - 2:30 pm **Education Sessions:**
Menu Patterns (OSPI)
MOAB Self Defense Overview
Talking the Teen Language
Life of a Bill
Decorate Your Kitchen
Commerical Marketing to Sell Your Menu
- 2:45 pm - 3:45 pm **Education Sessions:**
Making Training Stick (OSPI)
MOAB Self Defense Overview (Repeat)
Student Driven Menu Planning
Choice Theory
Self-Advocacy: Building Skills for Success
Produce Safety
- 4:00 pm - 5:00 pm **Education Session:**
School Meal Requirements (OSPI)
Carefronting
Membership/Certification
Student Driven Menu Planning (Repeat)
- 6:00 pm - 9:00 pm **Night of Entertainment**

Tuesday, July 30

- 6:00 am - 6:30 am **Wellness Walk or Essentrics Workout**
- 6:45 am - 7:45 am **Continental Breakfast**
- 7: am - 8:00 am **DDS Session**
- 8:00 am - 9:00 am **Education Sessions:**
Breakfast After the Bell (Katie Wilson)
Point of Sale and Offer vs Serve (OSPI)
MOAB Self Defense Overview (Repeat)
Self-Advocacy: Building Skills (Repeat)
Knife Skills
Trauma and Restorative Practices Pt 1
Serving Line Efficiency & Marketing

Tuesday, July 30 (cont.)

- 8:30 am - 10:30 am **Exhibits for Directors/Supervisors**
- 9:15 am - 10:15 am **Education Sessions:**
Food Waste and School Meals (OSPI)
MOAB Self Defense Overview (Repeat)
True Colors
Ethical Decision-Making in School
Nutrition
Roasting Vegetables
Trauma & Restorative Practices Pt. 2
Risk Management
- 10:30 am - 2:00 pm **Exhibits for all attendees**
- 1:00 pm - 5:00 pm **Nutrition 101 (Part 2 of 2)**
- 2:15 pm - 3:15 pm **Education Sessions:**
Food Distribution Updates(OSPI)
Maybe You Should Love Yourself
Talking the Teen Language (Repeat)
Farm to School
Culinary Trend Spotting for K-12 Meals
Dark Meat Chicken
Risk Management (Repeat)
- 3:30 pm - 4:30 pm **Education Sessions:**
Breakfast After the Bell (Repeat)
(Katie Wilson)
Verification (OSPI)
CUSing in the Kitchen
Unpaid Lunch Charges Best Practices
Alaska Pollock from Sea to Table
Food Holding, Transporting, and Retherming
- 6:00 pm - 7:00 pm **Social Hour**
- 7:00 pm **President's Banquet & Dance**

Wednesday, July 31

- 6:00 am - 6:30 am **Wellness Walk or Essentrics Workout**
- 7:00 am - 8:00 am **Breakfast**
- 7:00 am - 9:15 am **Committee Days (Breakfast served)**
- 8:15 am - 9:15 am **Breakout Sessions:**
Procurement (OSPI)
You Should Love Yourself (Repeat)
Culture of Food Safety
Decorating Your Kitchen (Repeat)
Alaska Pollock Sea to Table (Repeat)
Menu/Forecasting 101
Farm to School (Repeat)
- 9:30 am **Third General Session**
Keynote: Katie Wilson, PhD, SNS

Wellness Committee 2019 Conference Activities Highlighted

Raeann Ducar, Conference Wellness Chair

Blood Drive SUNDAY July 28th 3:00 pm - 5:00 pm (NEW- before conference)

Vitalant, formerly Inland Northwest Blood Center, will have its Blood Mobile on the south side of the Doubletree Hotel Sunday from 3:00-5:00 pm. **IMPORTANT:** We are asking if you would be willing to **SIGN UP EARLY** to give blood. To schedule an appointment and pre-select a time slot, please contact Amber Short with Vitalant at 509-714-6443; otherwise be on the lookout for an easy-to-use online scheduling link on the WSNA website or in an upcoming summer conference email. Our goal is to have 16 lifesaving donors sign up so that we can impact 48 lives within our community. Thank you!

Daily Wellness Walks 6:00-6:30 am

For the morning walks we will meet in the lobby on the west end of the hotel at 6 am. Do you know that 30 minutes of slow walking burns 110 calories, and brisk walking burns 210 calories? Let's "get up" and walk Spokane's Centennial Trail together. You will receive an incentive item every day that you join us for the morning walk or Essentrics class. Special thanks to our vendors who sponsor our wellness activity prizes!

Daily Essentrics (stretching) class 6:00-6:30 am (room location TBD)

Sherry Bib, a certified Essentrics instructor and one of our own WSNA members, has volunteered to lead this morning stretch program. Sherry states, "Essentrics has helped me take care of my back and restore range of motion in my shoulder. I love to share the benefits with others and am pleased to be able to offer this class!" Essentrics is a dynamic stretching program that simultaneously lengthens and strengthens the bodies muscles. It is not Yoga. Essentrics features continuous fluid movement as opposed to the held poses of Yoga. Benefits include pain relief, improved posture, improved balance, increased range of motion and increased blood flow to every part of the body which means more energy and improved strength for injury prevention.

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2019 Conference at a Glance

Sunday July 28, 2019	Monday July 29, 2019	Tuesday July 30, 2019	Wednesday July 31, 2019
<p style="text-align: center;"><u>At Doubletree Hotel</u></p> <p>WSNA Pre-Conference Training <u>Pre-Registration</u> <u>Required</u> (See Conference Registration Form)</p> <p>Workshop Sign-in 7:30 am</p> <p>Financial Management for Directors 8:00 am to 5:00 pm (1 hour break for lunch-- NO LUNCH provided)</p> <p>Food Safety in Schools 8:00 am to 5:00 pm (1 hour break for lunch-- NO LUNCH provided)</p> <p>*****</p> <p>Registration Hospitality and Drop-off Door Prizes 11 am to 7 pm</p> <p>Drop-off for Silent Auction 11 am to 5 pm</p> <p>Balloting OPEN Noon to 7 pm</p> <p>Executive Board 1 pm to 4 pm Lunch Provided</p> <p>Bloodmobile 3:00 pm to 5:00 pm</p> <p>DDS Dinner Location TBA Social Hour 6 pm Dinner 7 pm (Times are tentative)</p>	<p style="text-align: center;"><u>At Doubletree Hotel</u></p> <p>Wellness Walk or Essentrics 6:00 to 6:30 am</p> <p>Continental Breakfast 6:45 to 7:45 am</p> <p>1st Timers' Session 6:45 am to 7:45 am <u>(Breakfast served)</u></p> <p>Registration Hospitality Silent Auction and Door Prize Drop-off 6:30 am to 5 pm</p> <p>Balloting OPEN 7 am to 4 pm</p> <p>Silent Auction 7:00 am to 5 pm</p> <p>1st General Session 8 am to 10:30 am</p> <p>Networking Break 10:30 am to 11:00 am</p> <p>Delegate Assembly and Luncheon 11:00 am to 1:15 pm</p> <p>Education Sessions 1:30 pm to 2:30 pm 2:45 pm to 3:45 pm</p> <p>Nutrition 101 (Part 1 of 2) 1:30 pm to 5:30 pm</p> <p>Education Session 4:00 pm to 5:00 pm</p> <p>Night of Entertainment 6 pm to 9 pm</p>	<p style="text-align: center;"><u>At Doubletree Hotel</u></p> <p>Wellness Walk or Essentrics 6:00 to 6:30 am</p> <p>Silent Auction Pay & Pick-up 6:30 am to 8:00 am</p> <p>Continental Breakfast 6:45 am to 7:45 am</p> <p>Registration 7:00 am to 10:00 am</p> <p>DDS Session 7:15 am to 8:15 am</p> <p>Education Sessions 8:00 am to 9:00 am 9:15 am to 10:15 am</p> <p style="text-align: center;"><u>At Convention Center West</u></p> <p><i>Note: No Entrance Allowed to Exhibits before stated times. Must wear name badge.</i></p> <p>Exhibits (DDS Only) 8:30 am to 10:30 am</p> <p>Exhibits (All Attendees) 10:30 am to 2 pm</p> <p style="text-align: center;"><u>At Doubletree Hotel</u></p> <p>Nutrition 101 (Pt 2 of 2) 1:00 pm to 5:00 pm</p> <p>Silent Auction 2:15 pm to 5:30 pm</p> <p>Education Sessions 2:15 pm to 3:15 pm 3:30 pm to 4:30 pm</p> <p>No-host Social Hour 6 pm to 7 pm</p> <p>President's Banquet/Dance 7 pm</p>	<p style="text-align: center;"><u>At Doubletree Hotel</u></p> <p>Wellness Walk or Essentrics 6:00 to 6:30 am</p> <p>Silent Auction Pay & Pick Up 6:30 am to 8:00 am</p> <p>Breakfast 7:00 am to 8:00 am</p> <p>Committee Days 7:00 am to 9:15 am <i>(Breakfast will be served)</i></p> <p>Registration Hospitality 8:00 am to 9:00 am</p> <p>Education Session 8:15 am to 9:15 am</p> <p>Closing and 2nd General Session 9:30 am</p> <p>Executive Board Meeting & Board Training 12 noon</p>

Early Bird Deadline: June 30, 2019

2019 WSNA ANNUAL STATE CONFERENCE REGISTRATION
July 29-31, 2019 ~ Doubletree Spokane City Center Hotel ~ Spokane, Washington

Membership No. Preferred Name on Badge
First Last
Mailing Address
City State ZIP
Telephone Email Address

School District (REQUIRED)
Are you a District Buyer or Director? Yes No
Is this your first conference? Yes No
Chapter Name/Number Area

A. Registration Fees:

Early Bird Rate-EB (postmarked by 6/30/19); Regular Rate-RR(postmarked after 6/30/19 or at conference.)

Table with 3 columns: Registration Type, EB, RR. Rows include Member, Non-member, and Section 'A' Total.

*Conference Registration includes admission to all breakfasts, Networking Luncheon, Night of Entertainment & President's Banquet.

Please note that online registration is available. To register online, go to www.washingtonsna.org and click on the link for online registration. Other registration methods are described under "Ways to Register."

B. Pre-Conference & Conference Training Classes (See p. 8 for descriptions)

Pre-registration is required. Sessions will be cancelled if a minimum of 20 are not registered by July 10. If cancelled, registrants will receive a full refund by mail after the conference. Class sizes are limited; check the session(s) for which you wish to register. (See page 6 for descriptions.)

- Food Safety in Schools (8 credits), July 28 \$50
Financial Management for Directors (8 credits), July 28 \$50
**Nutrition 101, (8 credits), July 29 & July 30 \$ 0

**Must pre-register even though there is no additional charge. Conference registration required.

Section "B" Total \$

C. Extra Meals Only (Purchases)

If you wish to order additional meal tickets for guests, please indicate below. Remember that all events listed below are included in the price of your conference registration. This section is for extra tickets ONLY.

- Monday Breakfast, 7/29 No.@ \$25 each = \$
Delegate Assembly Luncheon, 7/29 No.@ \$30 each = \$
Night of Entertainment, 7/29 No.@ \$35 each = \$
Tuesday Breakfast, 7/30 No.@ \$25 each = \$
President's Banquet, 7/30 No.@ \$50 each = \$
Wednesday Breakfast, 7/31 No.@ \$25 each = \$

Section "C" Total \$

Refund & Returned Check/Denied Credit Card Policy

All cancellations must be in writing and received by July 10. All cancellations received by July 10 will be refunded less a \$15 administrative fee. No refund will be allowed if the request is made after the meeting has taken place. A \$15 fee will be assessed for returned checks.

IMPORTANT - PLEASE READ

MEALS - All conference meals are included in your registration. Contact Peggy Rieper if you require a special diet, 509.220.6121, wsnaexec@comcast.net.

If you require special services under the Americans with Disabilities Act of 1990 please contact Peggy Rieper, 509-220-6121, wsnaexec@comcast.net

Ways to Register:

- Online: Go to www.washingtonsna.org and click on the link for online registration.
Fax: Send registration form and credit card information to 509.233.0230.
Mail: Send form with payment information to WSNA, PO Box 686, Loon Lake, WA 99148.

Onsite registration: Doubletree Hotel 7/28-7/31.

REGISTRATION PAYMENT

Purchase orders will not be accepted.

Total: \$ (A + B + C)

- CHECK enclosed, payable to WSNA
CREDIT CARD
MasterCard Visa Discover AmEx

Card #: _____

Exp. Date: ___/___ Security Code: _____

Signature (REQUIRED)

Printed Name on Card

ZIP of Billing Address

Liability & Indemnification Agreement

I understand there is some risk inherent in traveling to and from, and as a result of, attending the WSNA Conference in Spokane July 29-31, 2019. I hereby release WSNA and the committees, members, officers, employees, as well as other participants and other persons who may take part in said conference from all liability from injury, death and property damage that may be suffered in connection with such activities, where due to negligence or otherwise, accepting such risks involved and waiving all rights or any kind that might otherwise arise. I agree to indemnify WSNA, its committees, members, officers, employees, and directors against all judgments obtained and against the cost of defense of such claims including reasonable attorney's fees.

Signature _____

Date _____




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Please Join Us for a Night of Entertainment in Spokane

This year's Night of Entertainment will once again be one to remember. Please plan to join us for what is always one of the highlights of every WSNA Annual State Conference.

This event is sponsored by our industry friends who are exhibiting this year. Be sure to thank them for this wonderful evening of fun, food, and friends!

Shout It from the Rooftops! NOE Event

Monday, July 29 – Doubletree Spokane City Center Hotel ~ 7 pm-9:30 pm

Hosted by Your Exhibit Vendors

The theme for this year's contest is cheerleading . . . so dress appropriately and plan to take part in the cheerleading contest. Prizes will be awarded!

Menu: Flavors of the South with additional salads, fruits and desserts. No-host bar.

JOIN US FOR AN EVENING OF FUN WITH MUSIC WITH A DJ, GAMES, CONTESTS (PRIZES, TOO!)

Annual State Conference Community Donation Drive

Mark Oswald, 2019 WSNA Conference Chair

Our wonderful tradition of enriching the community that hosts our conference continues this year. We are asking you to bring donations for the YWCA. The YWCA in Spokane is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all. In Spokane, the YWCA strives to fulfill their mission by working in three main areas of the community:

- Domestic violence survivor services including safety planning, counseling, housing, and legal services
- Economic advancement through skill building, financial education, job readiness, employment support, and clothing resources
- Children's services including early education; outreach, and trauma support services for children and youth

We would like your help in supporting the great work this organization does every day by bringing one or several of the following items to donate at the conference. These

items have been identified as needs at the confidential safe shelter in Spokane:

- New or gently used bedding (pillows must be new)
- New or gently used socks, bras, sweats, sleepwear, coats, casual shoes, slippers
- New paper products and school supplies
- New cleaning supplies
- Phone cards and gift cards for gas or groceries
- Stamps
- Journals for women and teen girls
- Bus passes
- Bath and beach towels
- Hygiene items (tooth brush, toothpaste, deodorant, hair brushes, shampoo, conditioner, lotion)
- Sunblock
- New underwear for women, boys and girls in various sizes

Please bring any items you would like to donate to the registration area at Conference.

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Spotlight on Regions



Western Region 2
Sandra Conradi, Region 2 Lead

End of year is fast approaching, and like you I'm excited! It's been a busy year, and now time to start looking toward next school year.

One of the advantages you can give yourself and your coworkers is attending State Conference. Conference is being held in Spokane this year July 29 – 31. Registration is open, and don't forget to book your hotel! I hear there will be a lot of great training; you don't want to miss out on. And you can earn most of your CEU's for the year all in one stop.

On another note, let's work on getting these Chapters up and running again. Are you holding a chapter meeting? I would love to come and meet with your group, see what successes you have, and learn what you need help with.

See you all soon!

Sandy Conradi ~ Sandra_conradi@ycs.wednet.edu



Southeast Region 3
Cheryl Caldwell, Region 3 Lead

As I write this, there are very few school days left. Summer has always been a time to rest, relax, rewind, and rejuvenate! Lots of us can't wait to sleep in; but after 25 years of nutrition service, I am pretty much hard wired to wake up early now! It is me time, when I reflect and plan my day, and I am thankful I am able to do that!

One of my summer plans is the annual WSNA conference July 29-31 in Spokane. Every year I am amazed at what I learn, the friendships I make, and the encounters I have. I am thankful that being a member of SNA and WSNA has given my chosen profession a voice and help to empower the work we do.

I am also thankful for the opportunity to serve on the executive board as Region 3 Lead. If you have a passion for the work that you do, enjoy making new friends, and feel that you have the time to serve on the board or committee, please think about reaching out to any board member. I never imagined what I would gain in the experience! Chapters need leaders, and that is a great place to start.

I hope to see you in Spokane in July!

Cheryl Caldwell - ccaldwell@psd1.org



Eastern Region 4
Mindy Cass, Region 4 Lead

At the end of spring break I popped into my kitchen at work to write my article for the *Apple Press*. I knew if I went there

I would stay focused as no one was there, and I had more space to work. Well, I did not get much done, since when I got here there were like ten men in my kitchen replacing my water heater. Since there were ten men and just me, of course they had to tease me and give me a bad time, joking and all. It dawned on me, however, that they like to do that because they like me; and I enjoy all of them also. We can be a bright spot in anyone's eyes if we allow ourselves to be, even a bunch of handymen who are in your kitchen but aren't there normally. Trust me, being kind to everyone will usually come back to you in a big way. If you think about it, being nice to others costs us absolutely nothing; but what we get in return may be priceless.

Everyone did a wonderful job at the Spring Workshop this year. Thank you to Jan Campbell-Aikens for planning such a great event. I got to be in Debbie Rodewald's class, which was so much fun. She showed us how to take items such as sporks and cups, etc., that had dropped on the floor and turn them into wonderful decorations such as tulips for the kitchen. This great idea saves us money in decorating plus recycles' it's a win-win. I also was able to attend a class about sensory of food taught by Chef Josh Diekman; it was so informative. He will also be at the summer conference, so if you missed the class try to catch him there. To close the workshop, Jennifer Milleson, presented a session on burnout and loving yourself. Wow, that was so needed this time of year. It was such a great time and great attendance; and, of course, there was great networking--meeting so many and reconnecting with others.

If you missed the workshop, don't worry; you can still plan to attend the summer conference in beautiful Spokane. It will be July 28 - July 31. Everyone has been so busy with planning this, and I can tell you this year is going to be so much fun for all.

As always, thank you so much, everyone, for being there and representing Eastern Washington in such a fantastic way. If I can help you with anything at all, don't hesitate to shoot me an email or give me a call. Until then, remember these words: Be so happy that when others see you they become happy, too!

Mindy Cass ~ Melindac@spokaneschools.org
 509-354-3112



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What is a sharing station?

A sharing station is a place where students can place un-opened food and drinks they choose not to eat or drink. Students donate unwanted food to their hungry classmates at no cost and this helps with reducing food waste. The unwanted food must be placed on the sharing station immediately after leaving the serving line. The sharing station remains open to all students to take from if they see something they would like to eat.

At the end of the day food can be donated to a food bank or charity. While students are still encouraged to choose only what they will eat and eat what they choose, the Sharing Table offers an opportunity for sharing items that would otherwise be thrown away.



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Chapter Tables at Conference

Chapter tables are available to rent again this year. Please keep the following guidelines in mind:

- Only full tables are available.
• Each chapter table sign must indicate that "Proceeds go to Chapter xx." In the past there has been confusion over which items were part of WSNA's Silent Auction and which were items that benefited chapters.
• Each chapter with a table is required to donate an item or items to either the WSNA Silent Auction or for the conference door prizes.

CHAPTER TABLE RENTALS

Please see "Chapter Tables" information above for the requirements for chapter tables. Chapters must submit this form to reserve a table at conference. Tables will be assigned on a first come, first served basis. Deadline for this form: July 7. If you have questions, email wsnaexec@comcast.net.

Chapter Name: _____ Chapter No.: _____

Contact Name: _____

Phone: (____) _____ Email: _____

of tables _____ @ \$15 = Total \$ _____

Submission of this form indicates that you will provide one item for WSNA's Silent Auction or a door prize and appropriate signage as stated in the article on this page. Send with payment to: WSNA, PO Box 686, Loon Lake, WA 99148.



State Legislative Report

by

Kim Elkins, WSNA PP & L Chair, and Mitch Denning

WSNA and Washington Association of Maintenance and Operation Administrators (WAMOA), which together comprise the Alliance of Educational Associations, felt somewhat positive about the 66th Legislature's response to our 2019 priorities. The funding in the Capital Budget was sincerely appreciated; yet increased levy capacity will add to the school districts' funding inequities, and lack of levy parameters and SEBB funding unfortunately, languished.

Here are selected highlights of **ESHB 1102, 2019-21 operating budget**, from school nutrition's viewpoint:

The operating budget is \$52.4B, including \$1.9B in policy level increases and \$5.8B in maintenance level increases, with \$636M to K-12, about 33% of the total increase. However, that includes a \$349M increase to implement the SEBB program, and leaves a mere \$287M to K-12 increases, only 15% of the increase.

There's approximately \$800M in new revenue, coming primarily from four sources: (1) changing the real estate excise tax from a flat tax to a graduated one; (2) increasing the B & O tax on financial institutions whose annual income is over \$1B; (3) modifying the qualifications for international investment management services' B & O preferred tax rate; and (4) establishing a B & O tax on advanced computing businesses whose annual income is over \$28B.

OSPI's school food service budget is \$7.23M per fiscal year, including \$119,000 in each year to implement SHB 2610, school meal payment (2018) to increase the number of schools participating in the Community Eligibility Program.

Two key issues in the budget directly affecting school nutrition staff and programs are **levy and local effort assistance (LEA) policy and health benefits policy**.

Some districts are not able to break even with school nutrition revenue and must use their local levy to offset that lack of revenue. The current levy rate for all school districts is the lesser of \$1.50 per \$1,000 of assessed valuation (AV) and \$1,500 per student. With the passage of ESSB 5313, the FY 2020 rates will be the lesser of \$2.50 per \$1,000 AV or \$2,500 per student. Seattle Public Schools, due to its size, could levy up to \$3,000 per student. Those districts whose amount generated by \$1.50 per \$1,000 AV or \$1,500 per student is less than \$1,550 per student qualify for LEA, and the appropriation for LEA is \$62M.

Some K-12 observers are concerned that this "levy lift" would, in time, create the funding inequality that the *McCleary Decision* was supposed to have solved.

As of January 1, 2020, all school district employees will be provided health benefits through the new **School Employee Benefits Board (SEBB)** rather than the current Public Employees Benefit Board (PEBB). Here are the monthly rates per 1.0 FTE employee, defined as those who work at least 630 hours per year: (a) for SY 2019-20, from September 1, 2019 through December 31, 2019, the monthly rate is \$973; and from January 1, 2020 through June 30, 2020, it will be \$994 per month; and from July 1, 2020 through August 31, 2020, it will be \$1,056 per month. Then, during SY 2020-21, it will be \$1,056 per month. The total amount funded in for 2019-21 is \$349M. Unfortunately, there is no health benefit funding for nutrition services employees.

The highlight of the 2019 session came when **SHB 1272, seated lunch duration**, which died in Senate Ways and Means, was funded in the final operating budget. Sandy Conradi, food services director, Yelm School District, testified both in House Education and Senate Ways and Means in support of the bill. Mitch Denning testified in support in House Appropriations as well as along with Conradi in the aforementioned committees. As policy bill, it did not move out of Senate Ways and Means. Consequently, Rep. My-Linh Thai (D-Bellevue), prime sponsor of the bill, suggested to WSNA and OSPI that she sponsor a budget proviso, as the bill had been included in the original House operating budget. With support from WSNA and OSPI, the measure was included in the final operating budget. Per the proviso, OSPI will select and provide technical assistance to six elementary demonstration schools, who will ensure that their student lunch periods included 20-minute seated lunch duration. Each school will receive a startup grant for \$10,000 during the two-year pilot program. OSPI will receive \$30,000 each year to hire a consultant to provide the assistance and the eventual report to the Legislature. The Washington State School Directors Association will receive \$6,000 to develop a model policy based on the best practices of the demonstration schools. Total funding for the program is \$126,000. Ironically, there's no need for the policy bill.

In addition, a priority of AEA, in the operating budget, **2SHB 1216, student health and safety**, is funded to allow OSPI to maintain the State Safety Center and convene a Safety and Well-Being Committee. Also, each ESD would have funding for a 1.0 FTE for behavioral health coordination, and a School Resource Officers Training Grant Program would begin through OSPI (\$100K). The total funding is \$2.356M.

(Continued on page 19)

State Legislative Report

(Continued from page 18)

ESHB 1102, 2019-21 capital budget, contains a WSNA-supported grant for the third consecutive biennia, the **Healthy Kids/Healthy Schools Grant**. Here are the details. The budget funds \$3.25M for OSPI to implement the grant. One, the Washington Green Schools grant is funded (\$225K) which help reduce stormwater runoff. Two, the remainder of the grant, \$3.025M is allocated to OSPI, in consultation with WAMOA and the Department of Health, to fund specific projects within Washington's Healthiest Next Generation Priorities.

Included in these priorities are (1) purchase of water bottle filling stations, which may include replacement of lead-contaminated drinking water fixtures; (2) purchase or making repairs to fitness playground equipment, covered play areas and physical education equipment or related structures or renovation; and (3) garden related structures and greenhouses to provide students access to fresh produce, and kitchen equipment or upgrade.

Receiving funding in the 2017-19 Health Kids/Healthy School grant for garden related and kitchen projects were

the following school districts: Bellingham, Central Valley, Cheney, Columbia (Stevens County), Federal Way, Granger, Granite Falls, Hoquiam, Mt. Vernon, Oak Harbor, Oakville, Orondo, Port Angeles, Sequim, Skamania, Spokane, Tonasket and Tukwila.

OSPI is continuing monthly stakeholder meetings discussing the stages of implementation for **Breakfast After the Bell Grant Program**. Mikhail Cherniske, program specialist, is the OSPI facilitator. There were 289 high need schools applied for the grant, representing 133,792 Washington students from over 80 school districts. Forty-five districts have received final grant approval, and 33 districts have yet to begin a budget. All equipment and services must be on site by June 30, 2019. Twenty-seven schools requested and received an exemption.

OSPI's technical assistance and awareness activities include (a) webinar with UWKC for Washington SNAP-ed providers; (b) presentation at WSNA Spring Workshop; (c) district presentations the week of April 22 in Yakima, Wapato and Toppenish School Districts; (d) webinar on

(Continued on page 29)

Continued on page 19

Continued on page 29

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Federal Legislation Report

Kim Elkins, WSNA Public Policy and Legislation Chair

Trends nationwide in state legislation continue to be focused on unpaid meal debt. The USDA has resource materials for schools on their website, <https://www.fns.usda.gov/school-meals/unpaid-meal-charges>. A new trend is introduction of bills to curb the use of polystyrene food containers, plastic bags, and single-use plastic straws. Others focus on local procurement incentives, school breakfast, Farm to School Programs, and eliminating the Reduced Price co-pay. Our state introduced several bills regarding use of plastic. SB 5397 was passed. This requires producers of plastic packaging to participate in a plastic packaging stewardship organization with a plan approved by the Department of Ecology.

USDA Food & Nutrition Service (FNS) has been busy releasing policy changes and final rules that impact our programs--flexibility with milk, whole grains, and sodium, food crediting, vegetables at breakfast, and the administrative review schedule. For full details visit the USDA FNS website, <https://www.fns.usda.gov/>, or OSPI's website, <http://www.k12.wa.us/ChildNutrition/>, for updates.

The first meeting of the 2020 Dietary Guidelines for Americans was held the end of March. Public comments can be made until March 2020 on the DGA website, <https://www.dietaryguidelines.gov/work-under-way>.

The Senate Agriculture Committee held a hearing on Child Nutrition Reauthorization (CNR). Our program was due to be reauthorized in 2015. Senator Pat Roberts, chairman of the Senate Agriculture Committee, said he would like to have a CNR bill approved by the committee by August. This is when we must be diligent regarding the possibility of block grant funding of our programs. Keep informed by signing up for the Tuesday Morning updates from SNA. Invite your Congressperson to your district to see school meals or your summer meal program. Build a relationship so if block grants are brought up again you have a better avenue of communication.

If you have any questions or would like to be part of our legislative committee for next year, please contact me at kim.elkins@mead354.org.

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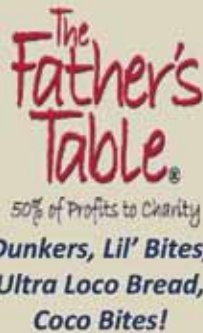


For additional information please contact:

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2019 Spring Workshop

Janis Campbell-Aikens, WSNA Vice President

The Spring Workshop was held on March 30 at the handsome new Cascade High School in Leavenworth. We enjoyed a day of learning and inspiration nestled in the wild beauty of the Cascades.

The day opened on an upbeat note with a general session presented by Leanne Eko of OSPI, *Highlighting Great Things in Child Nutrition!* Three breakout sessions followed, with a variety of topics that are relevant in our important work. The one-hour classes offered included:

- *Cafeteria Bling!* by Debbie Rodewald
- *Produce Contained . . . Keep it Fresh and Appealing* by Gayle Swain & Cameron Danby
- *Sensory of Food* by Josh Diekman
- *It's Easy Being Green* by Nick Dolan
- *Regulation Bingo* by Charlotte Marrison
- *Promoting Washington Grown Foods* by Chris Iberle
- *Steam and Conveyor Oven Demonstration* by Greg Stoffer
- *Breakfast After the Bell* by OSPI
- *Kitchen Leadership, Promoting from Within* by Joel Latiolais

The day closed with an encouraging and motivating general session, *Burnout and Learning to Love Yourself* by Jennifer Milleson. The workshop was well attended and well received. We enjoyed a delicious breakfast and box lunch prepared by Cascade High School staff.

I would like to thank our presenters for the outstanding workshops and for their support of WSNA. Thank you to our sponsors: Acosta, Food Services of America, Foster Farms, Health-e Pro, JTM Food Group, Schwan's, and Yang's, and Workshop Sponsor General Mills. I would also like to especially thank the Cascade School District staff for their support and hospitality and the WSNA Board and staff for their encouragement and guidance in the planning and logistics of this workshop.

Give Your Mac Menu a Makeover

Our Three Cheese Cavatappi (WGR) is a great upscale addition to your pasta line. This made-over mac features a creamy sauce made with a blend of cheddar, Romano, and Parmesan cheeses. Irresistible as is or serve on a Mac Bar with a variety of toppings.

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2019 Fall Workshops ~ October 19 & October 26 Autumn Harvest: Gathering Great Tools

Janis Campbell-Aikens, WSNA Vice President

Fall will be here before we know it! So mark your calendars and save the date for our Fall Workshops. The workshops will be held in the east on October 19 in the Walla Walla School District and in the west on October 26 in the Auburn School District.

We are planning 4-5 CEUs for each session. We will have the latest information from OSPI and are assembling sessions that will focus on food safety, a variety of communication skills including ways to interact with students of various ages and abilities, and computer skills that are helpful in child nutrition work and professional development.

Workshops are a great way to learn and network with other child nutrition professionals in your area. Please come! Enjoy the *Autumn Harvest and Gather Great Tools* to make this the best year yet!

Watch the WSNA website, www.washingtonsna.org, and the fall edition of the Apple Press for final details.

October 19, 2019 ~ Walla Walla School District / October 26, 2019 ~ Auburn School District

Registration: 7:30 am ~ Workshop: 8:00 a.m. - 2:30 p.m.

Fall Workshop Registration

Please check one ONLY: Eastside ~ October 19, Walla Walla SD Westside ~ October 26, Auburn SD

NAME _____

DISTRICT _____ CHAPTER _____

SNA Member # _____ PHONE (____) _____

ADDRESS _____

CITY _____ ZIP _____ EMAIL _____

PLEASE CIRCLE ONE:

PAYMENT:

Early Registration (Postmarked by 10/11 for 10/19 workshops and 10/18 for 10/26 workshop

Member \$40 Non-member \$95

Registration (Postmarked after early registration dates listed above.)

Member \$60 Non-member \$105

On-line at www.washingtonsna.org (*Preferred*)

Check (enclosed) Payable to WSNA (*NO PURCHASE ORDERS*)

Visa MasterCard Discover AmEx

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Exp. Date _____ Security Code _____

Mail registration to: WSNA, PO Box 686, Loon Lake, WA 99148. Credit card registrations may be faxed to 509.233.0230.

Questions: 509.220.6121, [wsнаexec@comcast.net](mailto:wснаexec@comcast.net)

Refund & Returned Check Policy: It is the policy of WSNA to grant a full refund up to two weeks prior to the workshop less a processing fee of \$15. No refund will be allowed if the request is made after the meeting has taken place. A \$15 fee will be assessed for returned checks.

Complete Billing Address:

Printed Name: _____

Authorized Signature _____

Taste Washington Day ~ October 2, 2019

Debbie Rodewald, WSNA Marketing Chair



WSDA Farm to School and the Washington School Nutrition Association (WSNA) with support from Office of Superintendent of Public Instruction Child Nutrition (OSPI), partner to sponsor *Taste*

Washington Day, an annual celebration of Washington-grown foods served in school meals during the fall harvest season.

The date for this year's event is Wednesday, October 2. School districts are encouraged to celebrate the local connections that happen between schools and farmers and to develop a better understanding of our state's food system from farm to school.

Your district child nutrition program can participate by:

- Serving a locally-sourced meal
- Providing education and activities to recognize the region's agricultural bounty
- Inviting farmers to lunch
- Arranging school visits to area farms
- Connecting Future Farmers of America high school students with elementary students

A fun way to participate is to organize a *Washington Apple Crunch*. Apples are a big deal in Washington – we grow more apples than any other state! More than half of all apples in the US for fresh eating come from orchards in Washington State.

How to hold a *Washington Apple Crunch*:

1. Order enough apples to go around; serve them to students as part of lunch or snack.
2. Have everyone bite into their apple and CRUNCH across Washington at noon on October 2, or at any time that works for your school schedule.
3. Celebrate the moment everyone bites into their Washington-grown apple.
4. Take a photo and post in on social media using the hashtags #WAapplecrunch and #TasteWADay.
5. Publicize the event with families and school administrators to encourage participation.

You can sign up on the WSDA Farm to School website at www.wafarmtoschool.org. A list of farm vendors who would like to participate can be found as well. This website offers a tool kit with a wealth of resources to help you plan a fun, informative, and successful *Taste Washington Day*. Posters, recipes, and activity ideas, are just a few of the choices available. A link to the Washington Dairy Council website

can be found, with even more materials to promote Taste Washington milk.

Here are a few fun facts about Washington-grown products:

- The top five Washington-grown food products are apples, potatoes, beef, milk, and wheat.
- Washington State has approximately 39,000 farms.
- Three hundred different crops are grown in Washington State.
- Washington apples are sold in all 50 states and in over 50 countries.
- Washington grows more apples, sweet cherries, pears, Concord grapes, and red raspberries than any other state.

Now is the time to start planning your district's or school's *Taste Washington Day*! What a wonderful way to celebrate all that our great state's farms have to offer our school meal programs.

So save the date: Wednesday, October 2, 2019!

Save the Date!

NSLP Annual Training for SY 19-20

by Samantha Brueske, OSPI Child Nutrition Services, Training and Communications Specialist

It's time to make plans to attend National School Lunch Program (NSLP) Annual Training!

NSLP Annual Training will again be a conference-style event to help you maximize your training needs! The training will host multiple one-hour sessions throughout the day with various topics for new and returning NSLP sponsors. A draft agenda including session descriptions will be available on the NSLP Training webpage as soon as the team finalizes our agenda.

Same as last year, CNS will be hosting the event for two days at Central Washington University. We will see you again August 13 & 14, 2019!

In addition to Annual Training, new sponsors participating in the Fresh Fruit and Vegetable Program (FFVP) will have a "pre-conference" session dedicated to their required training on August 12.

Check out the Child Nutrition Services training webpage at <http://www.k12.wa.us/ChildNutrition/Programs/NSLBP/TrainingMaterials.aspx> for more information.



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SNA National Leadership Conference (NLC) ~ Sarasota, Florida

Pam Milleson, President-elect

Each year WSNA sends a delegation to NLC. This conference brings leaders from all corners of the United States to build skills in leadership, governance, planning, ethics, and team building. The goal is to return home more equipped to lead WSNA in 2019-2020.

WSNA sent four people to NLC this year: Vice-President Jan Campbell-Aikens; Mindy Cass, candidate for Vice President; Executive Director Peggy Rieper; and myself President Elect Pam Milleson. We were also joined by Lisa Johnson, incoming representative on SNA's Nutrition & Research Committee, and Kaye Wetli, outgoing SNA NW Region Director.

"The NLC was a great learning opportunity. I learned about leadership in organizations and many ideas and techniques to revitalize our association. I especially enjoyed learning about communication—especially practical tools for difficult conversations and ways to improve listening skills. The days were filled with practical information, as well as support and encouragement. The conference was very valuable and I am grateful for the opportunity to attend." ~ Vice President Jan Campbell-Aikens

"How to Recruit the Brightest and Best Volunteers. First of all, look for positive people and people who see the big picture, also people with personal integrity and approachable people. You also want team players and ones who think quick on their feet. One thing that is pretty important was someone who has a flexible mind. I loved this class. I felt this class offered solid ideas for us to use . . ." ~ Mindy Cass, Vice President candidate.

Jan and I Also attended the pre-conference State Leadership Symposium. This 8-hour session focused on the roles and responsibilities of state presidents and board members. We learned more about knowledge-based decision making, leadership, governance, and maximizing the partnership with the executive director.

In our first break-out session our team decided to attend different classes to be able to cover as much information as possible. Jan attended *Fundamentals of Association Finance*, Mindy attended *How to Recruit the Brightest and Best Volunteers*, and Peggy and I attended *Risk Management for Your Association*.

The keynote speakers were outstanding. Mary Byers presented on *Five Radical Changes for Associations* and *Tough Talking: Initiating and Managing Difficult Discussions*. Lowell Aplebaum presented *Listening Deeply and with Intention*. Listening skills are valuable in all areas of life. He had some very original concepts. I came away with several practical

ways to improve my skills.

The Plan of Action for WSNA is a key focus at this conference. We have recently update our Strategic Plan, which directs the work of the association for the next three years. Thanks to the hard work of our Strategic Planning committee, our Plan of Action will be much easier to write and align with the new strategic plan.

We had several opportunities to work with other leaders, grouped in association sizes, leader roles, and regional areas.

Florida was a beautiful location and we were able to try many local foods. This was a great conference. We were also able to work as a leadership team as we begin the essential planning for 2019-20. Thank you for the amazing opportunity.



Peggy, Rieper, Kaye Wetli, Pam Milleson, Lisa Johnson, Janis Campbell-Aikens, Mindy Cass



Executive Board Minutes

On **March 8, 2019**, President Vickie Ayers called the meeting to order. A quorum was present.

Action items were:

- Approval of WSNA paying the employee share of the newly-enacted Washington Family and Medical Leave Act
- Approval of email vote conducted to approve filing of WSNA tax return for the year ending 6/20/18
- Approval of bylaws amendments to be presented and voted upon at the 2019 Delegate Assembly at Annual State Conference in Spokane

Summer Meals – Coming to a Location Near You!

Samantha Brueske, Training and Communications Specialist, OSPI Child Nutrition Services

The Summer Food Service Program (SFSP) is a great way to help children in your community receive food when school is not in session.

As a reminder, all public school districts and private schools must conduct outreach for summer meals each school year as required by the United States Department of Agriculture (USDA). The outreach must include advertising the availability of summer meals before the end of the school year. Even if there won't be a summer feeding program in your community, you must share resources that allow households to locate summer meals in the area.

Advertise summer meals in your area by:

- Including meal locations on the back of your menus.
- Promoting how to find meals on your school reader board.
- Posting advertisements on your school website and social media outlets.
- Sending a USDA SFSP flyer home before school dismisses for the summer.
- Promoting locations, meal times, and contact information through your regular communication channels.
- Utilizing the USDA Summer Meals Toolkit (<https://www.fns.usda.gov/sfsp/summer-meals-toolkit>) tools and resources.

Here are some easy ways for families to find meals:

- Text "Food" or "Comida" to 877-877 to find free summer meals near them.
- USDA Summer Meals Hotline at 1-866-348-6479. Families will receive assistance to find the location, meal times, and contact information for summer meals based on their full address, city, and/or zip code.
- USDA Summer meals finder at www.fns.usda.gov/summerfoodrocks. This website is easy for families to use as they can access summer meals locations by entering their zip code.

Questions about the program? Reach out to OSPI Child Nutrition Services at 360-725-6200.

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From the Director's Desk

Leanne Eko, Director, OSPI Child Nutrition Services

It's hard to believe the school year is nearly over; where does the time go?! Here's an update of what's been happening in Child Nutrition Services.

Upcoming Training and Events ~ We are excited that we will be seeing many of you soon! OSPI Child Nutrition Services staff will be providing several educational sessions at the WSNA Annual Conference in July. I know I look forward to the fun and networking of this event every year.

CNS will also be hosting our annual School Meal Programs training in Ellensburg August 13-14 (pre-con August 12). Check out what we are planning in the article on page 24. We hope to see you at one (or both!) of these events.

Summer Food Service Program ~ Many of you are operating a Summer Feeding Program' thank you for providing children in your community this opportunity to receive healthy meals! We are excited to have approximately fifteen additional sponsors offering meals this summer. For information and resources, check out the Summer Food Service Program webpage, <http://k12.wa.us/ChildNutrition/programs/SummerPrograms/default.aspx>.

Breakfast After the Bell ~ We continue to work on implementation of the Washington Kids Ready to Learn Act of 2018. As a reminder, this Act requires high-needs public schools to implement a Breakfast After the Bell (BAB)

program starting in school year 2019-20. Check out our growing collection of BAB materials and resources on our School Breakfast webpage. You can also reach out to Mikhail Cherniske at 360-725-6056 with any questions.

Menu Planning and Nutrient Analysis Software ~ Trainings continue to be scheduled for the menu planning and nutrient analysis software, Cybersoft Primero Edge. Visit our Primero Edge website (<https://primeroedge.com/washington/>) to sign up and for more information.

OSPI CNS Awards Program ~ Have you heard about the Food, Body, and Mind Awards program? This award program seeks to recognize schools, child care institutions, and non-profit organizations operating Child Nutrition Programs who make exceptional efforts to support child nutrition. Awards are available in the following categories: (1) Farm to School/Farm to Program, (2) Nutrition Education, (3) Smarter Lunchrooms/Smarter Mealtimes, (4) Innovative Menus, (5) Wellness Best Practices, (6) Environmental Sustainability in Child Nutrition Programs, and (7) USDA Foods Entitlement. For more information on the award criteria, timeline, and application, please see the Food, Body, and Mind Awards Overview (<https://bit.ly/2F7Zcnc>).

Have a great summer – make sure to take time to enjoy this beautiful state we call home!

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State Legislative Report

(Continued from page 19)

district administration on May 2; and (e) in partnership with UWKC, regional BAB summits on May 29 (Aberdeen Community Center), June 5 (Tukwila Community Center), and June 7 (Moses Lake Community Center).

Two bills, which were priorities for WSNA, did not pass, but are part of their interim plans:

One, for **HB 1685 Implementing the Hunger-Free Students Bill of Rights Act**, WSNA sought language that would limit the meal debt, as it is significantly increasing since the passage of SHB 2610 in 2018. The bill would have allowed schools to withhold meals from students in grades 9-12 with meal debt providing the Legislature had not reimbursed districts for their meal debt. Further, WSNA proposed an amendment that would have extended this language to all students, provided the Legislature hadn't reimburse the districts for their meal debt. Unfortunately, House Appropriations Committee members couldn't agree on language that would have limited meal debt, and the bill died in that committee.

Two, **HB 1892 Eliminating the Reduced Price Lunch Co-Pay for Grades Pre-K and Grades 4-12**, would have eliminated the reduced price lunch copay for grades pre-K

and 4-12. Unfortunately, it didn't move out of House Appropriations.

WSNA Interim Plans:

- Work with Rep. Strom Peterson (D-Edmonds) on **HB 1685, Implementing the Hunger-Free Students Bill of Rights Act**, language that can curb meal debt based on SY 2018-19 district data;
- Work with Rep. Melanie Morgan (D-Tacoma) on **HB 1892, Eliminating the Reduced Price Lunch Co-Pay for Grades Pre-K and Grades 4-12**, to develop a strategy on how to move forward the elimination of the Pre-K and 4-12 reduced price lunch copay; and
- Encourage other WSNA members to join our Meals for Kids Legislative Committee through a WSNA presentation at the WSNA Annual State Conference in Spokane.

If you have ideas or comments on any legislative topics, you are encouraged to contact Kim Elkins, WSNA PPL chair, kim.elkins@mead354.org; Leeda Beha, WSNA PPL member, lbeha@bethelsd.org; or Mitch Denning mdenning@wasawasa.org.



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Meet Your 2019 WSNA Candidates



Vice President

Mindy Cass

Elementary Kitchen Manager
Spokane Public Schools

16 years in Child Nutrition
13 years member of WSNA

I have been involved in nutrition services for 16 years and am currently the manager at an elementary school, which keeps me on my toes. I love it with all my heart. I have also been a member of WSNA/SNA off and on for 13 years. I say off and on, since I had to leave the school district for a few years to help care for my mom.

Before joining nutrition services, I worked in management in retail stores for over 20 years. I love being able to say that, since it really prepared me for nutrition services. Some may wonder how that might be true. That experience allowed me to handle customers in so many different diverse situations. There were even times when working downtown I had young gals come in and basically pour out their souls to me. It made me realize everyone has a story and everyone needs to be heard, young and old.

I want to be the voice of the children--from pre-school to 12th grade. They can't talk or fight for themselves, and

they need to be heard. That is why I wanted to join WSNA. I wanted to do more than just work my eight hours a day and go home and not have any input. I am a mom of a grown son and now a grandma of a nine-month-old granddaughter and four-year-old grandson. They mean everything to me, and I want to make sure that our meals at school are not something just slapped out there, but that they are enjoyable. I want kids to know how to eat nutritiously and enjoy it. I want their tummies full so they can get the education they so deserve. I want this not only for my grandkids but for all kids. Let's do this together!

My goal if elected is to be the voice for the children. I want to fight for them to get better food and more time to eat. I want there to be a fun atmosphere in the kitchens and in the cafeterias so kids will want to join us and get their nutrition and understand more about food.



Northwest Region 1 Lead

Carol Guettler

Secondary Manager
Seattle Public Schools

10 years in Child Nutrition
9 years member of WSNA

I was born and raised in Seattle and graduated from the University of Washington with a degree in business. I had a career in sales and marketing prior to joining Seattle Public Schools Nutrition Services 10 years ago. I got my start being a lunchroom assistant at my youngest son's school!

I have 4 children ages 27, 25, 23, and 17. They all attended Seattle Public Schools; but now I've lived in Shoreline for the last 5 years, where my youngest son attends Shorewood High School.

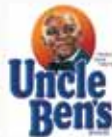
My fun activities include exercising, attending concerts and volunteering at the Museum of Popular Culture (MOPOP).

One goal if elected is to work with chapters to increase membership and meeting attendance. This is a struggle we've had here in Seattle, and I know it is something that is a challenge to nearly every chapter. I also have the goal of seeing more of our members active in attending workshops and conference. I went to my first state conference two years ago, and I was hooked! I love to kick around ideas, and I love to help others attain their goals. I'm committed to improving the lives of our students by feeding them nutritious and delicious meals; and I sincerely believe that we, as nutrition professionals, are some of the most important people that our students see every single day.

(Continued on page 32)

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Meet Your 2019 WSNA Candidates

Continued from Page 30



**Southeast Region 3 Lead
Marcia Wagner, MS, RD**
Nutrition Services Director
Grandview School District
4 years in Child Nutrition
3,5 years member of WSNA

I started my career in the food service industry in 1988 in Illinois. Many of the years since were in long-term care travelling across the country to assist facilities that were in trouble. I always wanted to get into school nutrition, but the opportunity was not available.

In 2006 my husband and I decided to make the move across the country to the beautiful state of Washington to be closer to family. During the move, my youngest son asked me not to work in food service because he associated it with long hours and having me away from home. I spent the next 7 years after settling in Grandview working with the WIC program. Both of my boys graduated from Grandview High School and now have families of their own.

Much to my surprise, in 2015 the Nutrition Services Director position came open in Grandview! I jumped at the opportunity to apply and was thrilled when I was offered the job. The work is often challenging, but always rewarding! What I appreciate the most is the openness of districts to share information with, and support, one another.

This year I had the opportunity to attend LAC in Washington D.C. and to work directly with other people from our fine state. It was really an eye opener for me about the importance of getting involved with our professional organization and staying on top of legislation. I saw directly that one person can make a difference.

My goals if elected are

1. to continue to learn more about how our organization works and what the needs are,
2. to help energize the chapters in my region and keep them informed of important information, and
3. to network with other leaders in the state to further our profession.

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and to Our New Industry Member

Michael Piekarski ~ Waypoint

Nine Food and Food Serving Trends on the Rise in 2019

Submitted by Doug Voeller

Operators are always interested in the foods and serving styles that are taking over the commercial and non-commercial food world. With that in mind, we've put together nine trends that are leading the industry into 2020. From speed and convenience to flavor diversity and food sharing, these are the trends consumers are flocking to.

1) Retail-like Merchandising and Convenience ~ If you had to pick one major theme that is trending throughout the foodservice industry, it would probably be speed. There might not be a greater example of demand for speed than with the growth of Grab 'n Go style merchandising. A perfect complement to today's fast-paced professional and academic lives, these modular serveries are making it easier to serve those who are looking for food at all hours and who (as the name implies) are on the go.

2) More Customization and Personalization ~ With the great success of the fast-casual system used in chains such as Chipotle, Moe's, and Subway, expect to see more non-commercial serveries follow suit. Diners have an increasing desire to be more involved in the creation of their meal and want more of a say in how it is prepared. The popularity of this model is growing especially in the college and university space. With the increasing interest to have it one's own way, be it in a retail, commercial or non-commercial setting, diners are showing greater enjoyment in foods made just for them. The ability to personalize a meal means there is endless variety and it is also easier for diners to satisfy dietary needs.

3) Food Halls ~ Perhaps the fastest growing food serving trend around the country is the food hall. An idea that isn't necessarily new (see Faneuil Hall in Boston), the food hall has been growing in prominence across the country in heavily urbanized developments. Because of their success in retail markets, the food hall is also growing in popularity in the non-commercial spaces of higher-education and corporate dining. According to a report by commercial real estate firm, Cushman and Wakefield, by 2020 there will be over 200 major halls across the US — tripling the 2015 total of 70. The demand and popularity of the food hall comes with a number of dining benefits. First and foremost, they cater to groups of people dining who all want something different. Food halls will generally feature multiple cultural styles of food, breakfast, lunch and dinner options and a variety of portion sizes.

4) Designated Food Stations ~ In a 2013 study done by the Center for Disease Control, between 1997 and 2011 food allergies in children increased by 50 percent. It's of little surprise that eight years later the demand for food that is

easily distinguished as "safe" for those with food allergies is growing. This is especially true in the college and university environment where the children from the CDC study are now students and need specific dining options. Campuses across the country are adding more designated food stations than ever before. From gluten-free to peanut and tree nut-free foods, dining halls are not just labeling foods as such, but giving them their own full-time serving line in attempt to provide a safer dining experience. This feature also helps in the recruiting process as a rising number of students look for schools that can meet their allergen needs.

5) Global Cuisine ~ Palates are always changing. It seems each decade has a new "it" flavor. As we head towards 2020, consumers have shifted their demands to more eastern cuisine. Pacific Rim or Filipino dishes are on the rise for their tart flavors. Korean style kimchi is trending for its health benefits (loaded with vitamins A, B and C and probiotic benefits) and the ability to use it in so many dishes — from eggs to tacos to pizza and rice dishes. Also, taking over is traditional Middle Eastern fare such as tahini and hummus that comes with the growing taste trend of regional spices like tarragon, coriander, dill and garlic.

6) Bowls ~ Burrito bowls, poke bowls, acai bowls and smoothie bowls--the trendy food bowl is growing in popularity because of its ability to transform nearly any blend of flavors and foods into a comfort food. When paired with a lid, the bowl is also a convenient vessel for taking your meal on the go between meetings or classes and is easy to eat while standing at social events. Typically comprised of natural and whole ingredients (vegetables, fruits, legumes and proteins), the bowl is also catching on as a dining option for health-conscious consumers.

7) Snacking ~ Research done by Coca-Cola's DINE360 shows that snacks account for 11% of all visits of restaurants and stores by consumers. As we've mentioned, life is getting more fast paced and people have less time to sit down for three full meals. To replace that, consumers are looking for more options that are quick, easy, and will hold them over for just a couple hours. This growing trend has increased the hours that snacking options are available. On college and university campuses all over the country, as well as in larger corporate environments and even in the K-12 space, snacks are more readily available at all hours of the day.

8) Shareable Foods

With the growth of communal dining growing, it's no wonder that customers also want food options that are more sharable. This has increased the demand for smaller plates

(Continued on page 35)

Nine Food and Food Serving Trends

Continued from Page 34

with appetizer-like portion sizes that serve as the main course. Tacos, sliders and combo plates all make for a more social and interactive dining experience.

9) **Sustainability** ~ “Food conscious” is one way to describe today’s dining public. Between the growth in food allergies and story lines such as the recent romaine lettuce recall, people want to know where their food is coming from and that it’s safe to eat. This has led to an increase in demand for food that contains local ingredients, is “locally sourced” or comes “farm-to-table.” Consumers want to know that their food comes with a certain amount of social responsibility, that their proteins were ethically produced and even that there are sustainable food waste and recycling programs in place. These factors have assisted in the growth of trend #3--food halls--which are generally filled with local businesses that consumers can more easily connect with on levels of ethics and sustainability.

Interested in how your customers’ operations can capitalize on these growing trends? Contact Doug Voeller at 425-644-7432 to learn more about how to improve your operations throughput needs to create the dining experience today’s customers expect.

TOP 10 REASONS TO BE A MEMBER...

- 1** Free webinars on important topics like nutrition, food safety and food allergies

2 Tools to help you track and meet USDA Professional Standards annual training requirements

3 A subscription to SNA's award winning magazine, *School Nutrition*

4 Educational conferences tailored to your needs

5 Tools to promote your programs to parents, students and the school community
- 6** Certificate and credentialing programs to enhance your career

7 Professional growth scholarships and scholarships to attend SNA conferences

8 Legislative and advocacy efforts

9 A support network with solutions to the everyday challenges you face in the school cafeteria

10 Access to the latest news and issues from the SNA website and daily e-newsletter, *SNA SmartBrief*



right down the line.

LTI makes it easy to choose the perfect serving counter for your school's dining facility.

We provide turnkey solutions with flexible, convertible and energy-efficient serving technologies, well-crafted beautiful millwork and installation services to tie it all together. So, whether you're interested in freshening up your existing space or totally renovating it, our team can help!



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Delegate Assembly 2019 ~ Proposed Amendments to By-Laws

Please review the following proposals prior to attending conference. If you have questions or comments, please send them in advance to Peggy Rieper, wsnaexec@comcast.net in order to facilitate the voting at Delegate Assembly. See the article on page 43 for more information.

<p style="text-align: center;"><u>Current</u></p> <p>The proposed amendment is an ADDITION to the By-Laws</p>	<p style="text-align: center;"><u>Proposed Amendment #1</u></p> <p style="text-align: center;">Article I</p> <p style="text-align: center;">Name</p> <p>The name of the association shall be the Washington School Nutrition Association, also referred to as the association or WSNA, a 501(c)(5) corporation chartered in the State of Washington. WSNA is a chartered affiliate of the School Nutrition Association, Inc. (SNA) and bound by the SNA State Affiliate Agreement and the SNA bylaws.</p> <p style="text-align: center;">Rationale</p> <p>To align with SNA's by-laws</p>
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<p style="text-align: center;"><u>Current</u></p> <p>The proposed amendment is an ADDITION to the By-Laws</p>	<p style="text-align: center;"><u>Proposed Amendment #2</u></p> <p style="text-align: center;">Article II</p> <p style="text-align: center;">Purpose and Mission</p> <p><i>Purpose:</i> Nourish and educate students in support of lifelong success.</p> <p><i>Mission:</i> Engage, educate and empower School Nutrition professionals to advance the accessibility, quality and integrity of school nutrition programs.</p> <p style="text-align: center;">Rationale</p> <p>SNA requires inclusion of Purpose and Mission in Bylaws.</p>
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<p style="text-align: center;"><u>Current</u></p> <p>Article I: Membership; Article II: Officers; Article III: Meetings; Article IV: Delegate Assembly; Article V: Executive Board; Article VI: Voting</p>	<p style="text-align: center;"><u>Proposed Amendment #3</u></p> <p>Article III: Membership; Article IV: Officers; Article V: Meetings; Article VI: Delegate Assembly; Article VII: Executive Board; Article VIII: Voting</p> <p style="text-align: center;">Rationale</p> <p>Renumbering due to adding new Articles I and II.</p>
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<p style="text-align: center;"><u>Current</u></p> <p style="text-align: center;">Article I</p> <p style="text-align: center;">Membership</p> <p><i>Section A. Classes of Membership.</i> Membership shall consist of three membership classes that define who is eligible to join the Association: School Food Service and Nutrition Members, Associate Members, and Affiliate Members. All membership classes refer to both individual members and district-owned members.</p> <p>1. <i>School Food Service and Nutrition Members:</i> Includes employees, managers, supervisors/directors and educators employed in an eligible field.</p>	<p style="text-align: center;"><u>Proposed Amendment #4</u></p> <p style="text-align: center;">Article III (formerly Article I)</p> <p style="text-align: center;">Membership</p> <p><i>Section A. Classes of Membership.</i> Membership shall consist of three membership classes that define who is eligible to join the Association: School Food Service and Nutrition Members, Associate Members, and Affiliate Members. All membership classes refer to both individual members and district-owned members.</p> <p>1. <i>School Food Service and Nutrition Members:</i> Includes employees, managers, supervisors/directors and educators employed in an eligible field as defined by SNA.</p> <p style="text-align: center;">Rationale</p> <p>Addition required by SNA.</p>
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<p style="text-align: center;"><u>Current</u></p> <p style="text-align: center;">Article I</p> <p style="text-align: center;">Membership</p> <p><i>Section B. Eligible Field :</i> Eligible field shall be defined as:</p> <ol style="list-style-type: none"> 1. Persons employed at the child care, preschool, school, school district, college, state, or federal levels in a food and nutrition program which serves meals to children. 2. Persons engaged in teaching or administration at the aforementioned levels. 3. Persons engaged in teaching present or potential school food service personnel. 4. Persons engaged in community nutrition programs. 5. Persons employed by WSNA. 	<p style="text-align: center;"><u>Proposed Amendment #5</u></p> <p style="text-align: center;">Article III (formerly Article I)</p> <p style="text-align: center;">Membership</p> <p><i>Section B. Eligible Field :</i> Eligible field shall be defined as:</p> <ol style="list-style-type: none"> 1. Persons employed at the child care, preschool, school, school district, college, state, or federal levels in a food and nutrition program which serves meals to children. 2. Persons engaged in teaching or administration at the aforementioned levels. 3. Persons engaged in teaching present or potential school food service personnel. 4. Persons engaged in community nutrition programs. 5. Persons employed by WSNA. <p style="text-align: center;">Rationale</p> <p>Eligible field is defined by SNA's membership and may be updated at any time. (Note: As a result, Sections C, D, E, and F will become Sections B, C, D, and E respectively.)</p>
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Delegate Assembly 2019 ~ Proposed Amendments to By-Laws

Current
Article I
Membership

Section D. Dues.

1. Dues for School Food Service and Nutrition members shall be established by a two-thirds vote of members in attendance at the Delegate Assembly.
2. Dues for associate and affiliate members shall be established by the Board.
3. The Board may approve a discount of member dues for the purpose of promoting membership.
4. All rights and privileges of membership shall be terminated for nonpayment of dues.

Proposed Amendment #6
Article III (formerly Article I)
Membership

Section E (formerly Section D). Dues

1. Dues for School Food Service and Nutrition members shall be established by a two-thirds vote of members in attendance at the Delegate Assembly.
2. Dues for associate and affiliate members shall be established by the Board.
3. **Dues for WSNA and SNA shall be remitted to SNA.**
3. 4. The Board may approve a discount of member dues for the purpose of promoting membership.
4. 5. All rights and privileges of membership shall be terminated for nonpayment of dues.

Rationale

Current procedure. Addition to bylaws required by SNA.

Current
Article I
Membership

Section F. Chapter affiliates.

3. Only School Food Service and Nutrition members regularly employed in an eligible field shall be eligible to serve as officers of Chapter affiliates.

Proposed Amendment #7
Article III (formerly Article I)
Membership

Section F (formerly Section E). Chapter affiliates.

3. Only School Food Service and Nutrition members regularly employed in an eligible field **as defined by SNA** shall be eligible to serve as officers of Chapter affiliates.

Rationale

Addition to bylaws required by SNA.

Current
Article II
Officers

Section A. Elected Officers. The elected officers shall be: President, President-elect, Vice President, Secretary/Treasurer, Regional Leads, and two members of the Nominating Committee.

Proposed Amendment #8
Article IV (formerly Article II)
Officers

Section A. Elected Officers. The elected officers shall be: President, President-elect, Vice President, **and Secretary/Treasurer, Regional Leads, and two members of the Nominating Committee.**

Rationale

Regional Leads are members of the Board of Directors but are not officers of the Association. Nominating committee members are not board members.

Current
Article II
Officers

Section B. Eligibility and Terms of Office: All officers shall hold office until the end of the Annual State Conference. Candidates for State office shall have held membership in SNA, WSNA, or SNA State Affiliate for at least three years for Regional Leads and Nominating Committee and five years for Vice-President and Secretary-Treasurer.

Proposed Amendment #9
Article IV (formerly Article II)
Officers

Section B. Eligibility and Terms of Office: All officers shall hold office until the **end of installation of new officers at** Annual State Conference. Candidates for State office shall have held membership in SNA, WSNA, or SNA State Affiliate for at least **three years for Regional Leads and Nominating Committee** and five years for Vice-President and Secretary-Treasurer.

Rationale

Update language to reflect actual practice (1st change) and remove language for positions that are not officers (2nd change) (See Proposed Amendment #8)

Current
Article II
Officers

Section B. Eligibility and Terms of Office:

The candidate shall:

1. Have demonstrated leadership ability by serving on the Executive Board of a Chapter affiliate or by serving on a State committee or advisory board.
2. Be regularly employed in an eligible field including being employed as a District Director, Supervisor, Regional Manager or corporate officer of a for-profit organization.

Proposed Amendment #10
Article IV (formerly Article II)
Officers

Section B. Eligibility and Terms of Office:

The candidate shall:

1. Have demonstrated leadership ability by serving on the Executive Board of a Chapter affiliate or by serving on a State committee or advisory board.
2. Be regularly employed in an eligible field **as defined by SNA, including being employed as a District Director, Supervisor, Regional Manager or corporate officer of a for-profit organization.**

Rationale

Change to bylaws required by SNA.

Delegate Assembly 2019 ~ Proposed Amendments to By-Laws

(Continued from page 35)

Current
Article II
Officers

Section B. Eligibility and Terms of Office:

The candidate shall:

3. Be elected for a specified term and shall retain active membership at the time of nomination and election. If a change in status occurs, they shall complete their term of office provided one year of their term has been completed.
4. Shall be SNA certified and/or credentialed members.
5. Shall serve no more than two terms per elected office except nominating committee.

Proposed Amendment #11
Article IV (formerly Article II)
Officers

Section B. Eligibility and Terms of Office:

The candidate shall:

3. Be elected for a specified term and shall retain active membership at the time of nomination, ~~and election, and throughout their term of office. If a change in status occurs, they shall complete their term of office provided one year of their term has been completed.~~
4. Shall be SNA certified and/or credentialed members.
5. Shall serve no more than two terms per elected office ~~except nominating committee.~~

Rationale

- Former language referred to change in employment, not in membership (1st change).
- Remove language for positions that are not officers (2nd change)

Current
Article II
Officers

Section B. Eligibility and Terms of Office:

5.
 - a. **President:** The President shall be the chief elected officer and shall serve one term and shall perform all duties as listed in the job description.
 - b. **President-Elect:** The President-elect shall serve for one year and shall perform all duties as listed in the job description.
 - c. **Vice President:** Shall be elected annually, serve for one year, and shall perform all duties as listed in the job description. To be eligible for this office, a candidate shall:
 1. Have had previous service on the Board.
 2. Have served on a standing committee or advisory board within the past five years.
 3. Have attended one of the last three State Conferences.
 - d. **Secretary/Treasurer:** The secretary/treasurer shall be elected in even numbered years, shall serve for two years, and shall perform all duties as listed in the job description.
 - e. **Regional Leads:** Regional Leads shall be elected for a two-year term and shall perform all duties as listed in the job description; their place of employment shall be in the respective area at the time of nomination and election. If a change in area of employment occurs they shall complete their term of office provided one year of their term has been completed.
Elections shall be on the following schedule: even numbered areas even years, odd numbered areas odd years.
 - f. **Nominating Committee:** Shall consist of a committee of three. The chair will be the Immediate Past President. Positions two and three will be members at large elected annually.
 - g. **Bylaws Committee:** The current Past President as Chair.

Proposed Amendment #12
Article IV (formerly Article II)
Officers

Section B. Eligibility and Terms of Office:

5.
 - a. **President:** The President shall be the chief elected officer and shall serve one term and shall perform all duties as listed in the job description. ~~The president shall be actively working and involved in the school nutrition profession throughout the term.~~
 1. Provide leadership to ensure the strategic direction and values of the association are maintained;
 2. Represent the association before the public as the official representative of the association;
 3. Preside over all meetings of the board and the membership;
 4. Serve and make appointments as required by these bylaws and other governing documents, including serving as ex-officio on all committees and advisory councils except the leadership development committee; and
 5. Perform other duties incident to the office of president, whether assigned by the board or association governing documents.
 - b. **President-Elect:** The President-elect shall serve for one year and shall perform all duties as listed in the job description. ~~The president-elect shall be actively working and involved in the school nutrition profession throughout the term.~~
 1. Perform the duties of president in case of temporary absence or temporary inability to serve;
 2. Preside over the delegate assembly;
 3. Serve and make appointments as required by these bylaws and other governing documents including recommending for board approval the appointment of incoming members of committees and advisory councils to fill applicable expiring terms; and
 4. Perform other duties incident to the office of president-elect as assigned by the president, the board, or association governing documents.
 - c. **Vice President:** Shall be elected annually, serve for one year, and shall perform all duties as listed in the job description. To be eligible for this office, a candidate shall: (1) have had previous service on the Board, (2) have served on a standing committee or advisory board within the past five years, and (3) have attended one of the last three State Conferences. (Note: The above change is reformatting only) ~~The vice president shall be actively working and involved in the school nutrition profession throughout the term.~~
 1. Perform the duties of the president-elect in the president-elect's temporary absence;
 2. Serve as required by these bylaws and other association governing documents; and
 3. Perform other duties incident to the office of vice president as assigned by the president, the board or association governing documents

Continued on next page

Delegate Assembly 2019 ~ Proposed Amendments to By-Laws

Current
(Continued from previous page)

Proposed Amendment #12 (cont. from previous page)
Article IV (formerly Article II)

Officers

d. Secretary/Treasurer: The secretary/treasurer shall be elected in even numbered years, shall serve for two years, and shall perform all duties as listed in the job description.

1. Ensure the accurate recording of the minutes of the delegate assembly, the board, the executive committee and the finance committee;
2. Serve as chair of the Executive Finance committee;
3. Monitor the association funds, investments and securities and give an unaudited financial report annually to the delegate assembly;
4. Submit an annual budget to the board; and
5. Perform other duties incident to the office of secretary/treasurer as assigned by the president, the board or association governing documents.

~~*e. Regional Leads:* Regional Leads shall be elected for a two-year term and shall perform all duties as listed in the job description; their place of employment shall be in the respective area at the time of nomination and election. If a change in area of employment occurs they shall complete their term of office provided one year of their term has been completed.~~

~~—Elections shall be on the following schedule: even numbered areas even years, odd numbered areas odd years.~~

~~*f. Nominating Committee:* Shall consist of a committee of three. The chair will be the Immediate Past President. Positions two and three will be members at large elected annually.~~

~~*g. Bylaws Committee:* The current Past President as Chair.~~

Rationale

Basic job descriptions added as required by SNA. Elimination of e., f., g., because these are not officer positions.

Current
Article II
Officers

The proposed amendment is an ADDITION to the By-Laws

Proposed Amendment #13
Article IV (formerly Article II)
Officers

Section B. Eligibility and Terms of Office

5.

e. Executive Director: The Executive Director shall:

1. Manage the association under the direction of the board;
2. Implement policies under the direction of the board;
3. Perform other duties incident to the office of Executive Director, as assigned by the president, the board, or association governing documents; and
4. Be retained under an employment contract by the board.

Rationale

Addition to bylaws for consistency with SNA. Adds accountability to Executive Director.

Current
Article II
Officers

Section D. Executive Committee

Shall consist of President, President-Elect, Vice President, Secretary/Treasurer, Leadership Chair and one Member at Large to be appointed by the President. The WSNA Executive Director shall be a non-voting member.

Proposed Section E is an ADDITION to the By-Laws

Proposed Amendment #14
Article IV (formerly Article II)
Officers

Section D. Executive Committee

Shall consist of President, President-Elect, Vice President, Secretary/Treasurer, Leadership **Development** Chair and one Member at Large to be appointed by the President. The WSNA Executive Director shall be a non-voting member.

Section E. Vacancy and Removal

A vacancy in the office of president shall be filled by the president-elect, followed by a full term as president. A vacancy in the office of president-elect shall be filled by the vice president, followed by a full term as president-elect. A vacancy in any other office shall be filled by the Board of Directors for the remainder of the term.

An officer may be removed by a two-thirds vote of the remaining members of the executive board, provided that there must be a hearing at which the charges are heard and the officer has the opportunity to appear and present a defense.

Rationale

Section D is title change only. Section E follows SNA's Bylaws.

Delegate Assembly 2019 ~ Proposed Amendments to By-Laws *(Continued from page 37)*

Current Article III Meetings

Section A. Type of Meeting

1. **Annual State Conference (ASC):** There shall be an Annual State Conference, the date and place determined by the Board.
2. **Delegate Assembly:** There may be a Delegate Assembly called by the President and held at the Annual State Conference, when recommended by the Bylaws Committee or the Executive Board.
3. **Executive Board:** There shall be four Board Meetings: one immediately before and one during or immediately after the Annual State Conference, one to be called by the President in the fall and one to be called by the President in the spring. Additional meetings may be scheduled as needed.
4. **Executive Committee:** The Executive Committee shall meet on call of the President or at the request of the members of the Executive Committee. The Executive Committee shall convene prior to any Board meeting to review issues, budgets, and budget reports, and make recommendations to the Executive Board.
5. **Legislative Conference:** A legislative conference may be held annually to evaluate legislative needs and plan strategies for legislative activities.
6. **Industry Seminar:** An Industry Seminar may be held annually to provide dialogue between WSNA and industry to project program needs and share technical assistance and expertise.
7. **Leadership Seminars:** Leadership Seminars may be held annually. The purpose of the seminar is to develop leadership and present WSNA's Plan of Action for the ensuing year.
8. **Fall Workshops:** Workshops to provide educational opportunities will be held in regions of the state.
9. **Spring Workshop(s):** Workshop(s) to provide educational opportunities in a region of the state.
10. **Special Meetings:** Special meetings and seminars may be called or approved by the Board.

Section B. Expenses. The Board shall set limits within budgetary restraints for reimbursement of, and procedures for, expenditures by WSNA officers and members who travel on official WSNA business.

Proposed Amendment #15 Article V (formerly Article III) Meetings

Section A. Type of Meeting

1. **Annual State Conference (ASC):** There shall be an Annual State Conference, the date and place determined by the Board.
2. **Delegate Assembly:** There may be a Delegate Assembly called by the President and held at the Annual State Conference, when recommended by the Bylaws Committee or the **Executive Board of Directors**. **Such meeting may be held by electronic means as allowed by law.**
3. **Executive Board of Directors:** There shall be four Board of Directors Meetings: one immediately before and one during or immediately after the Annual State Conference, one to be called by the President in the fall and one to be called by the President in the spring. Additional meetings may be scheduled as needed **and may be held by telephone conference call or as otherwise allowed by law.**
4. **Executive Committee:** The Executive Committee shall meet on call of the President or at the request of the members of the Executive Committee. The Executive Committee shall convene prior to any Board meeting to review issues, budgets, and budget reports, and make recommendations to the **Executive Board of Directors**.
5. **Legislative Conference:** A legislative conference may be held annually to evaluate legislative needs and plan strategies for legislative activities.
6. **Industry Seminar:** An Industry Seminar may be held annually to provide dialogue between WSNA and industry to project program needs and share technical assistance and expertise.
7. **Leadership Seminars:** Leadership Seminars may be held annually. The purpose of the seminar is to develop leadership and present WSNA's Plan of Action for the ensuing year.
8. **Fall Workshops:** Workshops to provide educational opportunities will be held in regions of the state.
9. **Spring Workshop(s):** Workshop(s) to provide educational opportunities in a region of the state.
10. **Special Meetings:** Special meetings and seminars may be called or approved by the Board.
11. **Notice of Meetings:** **Notice of meetings may be sent electronically as allowed by law.**

Section B. Expenses. The Board of Directors shall set limits within budgetary restraints for reimbursement of, and procedures for, expenditures by WSNA officers and members who travel on official WSNA business.

Rationale

All proposed changes are as required by SNA.

Current Article IV Delegate Assembly

The Delegate Assembly shall formulate the philosophies and goals under which the Executive Board of Directors manages the affairs of WSNA. The Delegate Assembly may hear committee and officers reports. The Delegate Assembly shall take action on recommendations, resolutions, and amendments to the Articles of Incorporation and Bylaws, and have all other powers and duties specifically provided to it by the Articles of Incorporation and Bylaws.

1. Composition:

- a. The voting members shall include the Board and all members in attendance.
- b. Voting members of the Delegate Assembly shall be all members in attendance.
- c. All members and the WSNA Executive Director have the right to speak at the Delegate Assembly.
- d. Delegate Assembly will be held during an Annual State Conference. The exact time and place will be decided by the Board.

2. Responsibilities:

- a. Formulates the philosophies and goals.
- b. Debates and reviews matters of professional interest.
- c. Makes general and specific recommendations to the Board.

Proposed Amendment #16 Article VI (formerly Article IV) Delegate Assembly

The Delegate Assembly shall formulate the philosophies and goals under which the **Executive Board of Directors** manages the affairs of WSNA. The Delegate Assembly may hear committee and officers' reports. The Delegate Assembly shall take action on recommendations, resolutions, and amendments to the Articles of Incorporation and Bylaws, and have all other powers and duties specifically provided to it by the Articles of Incorporation and Bylaws.

1. Composition:

- a. The voting members shall include the Board of Directors and all members in attendance.
- ~~b. Voting members of the Delegate Assembly shall be all members in attendance.~~
- ~~c. b.~~ All members and the WSNA Executive Director have the right to speak at the Delegate Assembly.
- ~~d. c.~~ Delegate Assembly will be held during an Annual State Conference. The exact time and place will be decided by the Board of Directors.

2. Responsibilities:

- a. Formulates the philosophies and goals.
- b. Debates and reviews matters of professional interest.
- c. Makes general and specific recommendations to the **Board of Directors**.

Rationale

Deletion of 1.b. is because it is duplicate language. All other proposed changes are as required by SNA.

Delegate Assembly 2019 ~ Proposed Amendments to By-Laws

Current
Article V
Executive Board

The Executive Board (“Board”) shall be the policy-making and executive body of WSNA with full accountability and oversight for legal compliance, good name, and the financial well-being of the Association. The Board shall formulate policies between the meetings of the Delegate Assembly, adopt the annual budget; review reports and resolutions; conduct and manage the affairs and have all other powers and duties specifically provided to it by the Articles of Incorporation and Bylaws, which are necessary to achieve the objectives not specifically, delegated to other agents or agencies by the Articles of Incorporation or Bylaws.

Proposed Amendment #17
Article VII (formerly Article V)
Executive Board of Directors

The **Executive Board of Directors** (“Board”) shall be the policy-making and executive body of WSNA with full accountability and oversight for legal compliance, good name, and the financial well-being of the Association. The Board shall formulate policies between the meetings of the Delegate Assembly, adopt the annual budget; review reports and resolutions; conduct and manage the affairs and have all other powers and duties specifically provided to it by the Articles of Incorporation and Bylaws, which are necessary to achieve the objectives not specifically, delegated to other agents or agencies by the Articles of Incorporation or Bylaws.

Rationale

Follows SNA’s bylaws and clarifies the difference between Executive Team, Executive Committee, and full Board of Directors.

Current
Article V
Executive Board

1. Composition

- a. Elected members shall consist of the President, President-Elect, Vice President, Secretary/Treasurer and Regional Leads.

The proposed amendment is an ADDITION to the By-Laws

Proposed Amendment #18
Article VII (formerly Article V)
Board of Directors (formerly Executive Board)

1. Composition

- a. Elected members shall consist of the President, President-Elect, Vice President, Secretary/Treasurer and Regional Leads.
- b. Regional Leads shall be elected for a two-year term and shall perform all duties as listed in the job description; their place of employment shall be in the respective area at the time of nomination and election. If a change in area of employment occurs, they shall complete their term of office provided one year of their term has been completed. Elections shall be on the following schedule: even-numbered areas in even years and odd-numbered areas in odd years.

Rationale

Adds clarification to Regional Leads. Previous b. and c. become c. and d. respectively.

Current
Article V
Executive Board

1. Composition

- b. Members appointed by the President shall be chairs of Standing Committees, Parliamentarian (may be combined with another position), Member at Large, and Industry Representative.
- c. Non-voting members shall be an OSPI liaison and the WSNA Executive Director.

Proposed Amendment #19
Article VII (formerly Article V)
Board of Directors (formerly Executive Board)

1. Composition

- ~~b c.~~ Members appointed by the President shall be chairs of Standing Committees, Parliamentarian (~~may be combined with another position who is also the Bylaws Chair~~), Member at Large, **Leadership Development Chair**, and Industry Representative.
- ~~c d.~~ Non-voting members shall be an OSPI liaison ~~and~~, the WSNA Executive Director, ~~and Parliamentarian~~.

Rationale

Clarifies the role of Parliamentarian, who is to be a non-voting member per SNA. Reflects the addition of Bylaws Chair to the Parliamentarian position, which keeps the focus on the meetings and ensure that those meetings follow bylaws and parliamentary procedure. Adds Leadership Development Chair to appointed positions (formerly Leadership Chair, which was an appointed position). Changes in lettering due to Proposed Amendment #18.

Current
Article VI
Voting

The Executive Board may hold a vote upon any motion by notifying Board members. Vote may be determined by hand, voice, email or fax. A simple majority must be obtained for successful passage.

Proposed Amendment #20
Article VIII (formerly Article VI)
Voting

~~The Executive Board may hold a vote upon any motion by notifying Board members. Vote may be determined by hand, voice, email or fax. A simple majority must be obtained for successful passage.—Any action taken without a meeting shall require such conditions as allowed by law.~~

Rationale

Change to bylaws for consistency with SNA.

Delegate Assembly 2019 ~ Proposed Amendments to By-Laws *(Continued from page 37)*

Current
Article VII
Regions

Section A. Leadership Chair:
 The Leadership Chair shall be appointed by the President from the elected senior members of the Regional Leads.

Proposed Amendment #21
Article VII
Regions

~~*Section A. Leadership Chair:*~~
~~The Leadership Chair shall be appointed by the President from the elected senior members of the Regional Leads.~~

Rationale

The Board of Director has chosen to delete the position of Leadership Chair (See next amendment). Leadership Chair to be replaced by Leadership Development Chair).

Current
Article VIII: Committees; Article IX: Publications/Communications;
Article X: Removal from Office; Article XI: Parliamentary Authority;
Article XII: Amendments; Article XIII: Resolutions

Proposed Amendment #22
Article VIII IX: Committees; Article IX X: Publications/Communications;
Article X XI: Removal from Office; Article XI XII: Parliamentary
Authority; Article XII XIII: Amendments; Article XIII XIV: Resolutions;
Article XIV XV Effective Date

Rationale

Renumbering due to Amendments #3 and #20.

Current
Article VIII
Committees

Section A. Standing Committees:
 1. There shall be the following standing committees.
 a. Executive (President, Pres Elect, Vice Pres, Sec/Treas, Member at Large, Leadership chair, and Executive Director)
 b. Leadership (all Regional Leads)
 c. Educational Services
 d. Membership/ Certification/ Credentialing
 e. Marketing/ Communication
 f. Industry Advisory
 g. Public Policy and Legislation
 h. Bylaws Committee

Proposed Amendment #23
Article IX (formerly Article VIII)
Committees

Section A. Standing Committees:
 1. There shall be the following standing committees.
 a. Executive (President, Pres Elect, Vice Pres, Sec/Treas, Member at Large, Leadership ~~Development~~ chair, and Executive Director)
 b. Leadership ~~Development~~ (all ~~Regional Leads~~)
 (1) The Leadership Development Committee shall be composed of seven members: four elected Regional Lead members elected by and from the WSNA regions and three members appointed by the president and approved by the Board of Directors. The president will select one member from the committee to serve as chair. The Regional Leads shall serve two-year staggered terms.
 (2) The Leadership Development Committee shall identify and recruit eligible candidates based on their leadership competencies and diversity.
 (3) If there is no eligible candidate for election to a region position on the Leadership Development Committee by the beginning of WSNA's Annual State Conference, the president-elect shall make the appointment with the approval of the Board of Directors.
 (4) Members of the Leadership Development Committee shall:
 (a) Be a member in good standing;
 (b) Have an SNA certificate or be SNA credentialed;
 (c) Have demonstrated leadership experience by serving on the Board of Directors of WSNA or WSNA chapter or by serving on a state committee or task force; and
 (d) Be regularly employed (a minimum of 130 days during the prior 12 months) in an eligible field.
 c. Education ~~at Services~~
 d. Membership/ Certification/ Credentialing
 e. Marketing/ Communication
 f. Industry Advisory
 g. Public Policy and Legislation
 h. Bylaws Committee ~~The chair is the Parliamentarian.~~

Rationale

- Leadership Development: Establishes new Leadership Development Committee modeled after SNA's.
- Education: Update to name in current usage.
- Bylaws Committee: Establishes chair as the Parliamentarian, who is best suited to fill that role.

Delegate Assembly 2019 ~ Proposed Amendments to By-Laws

Current
Article XI
Parliamentary Authority

The current edition of Sturgis' Standard Code of Parliamentary Procedure governs WSNA in all parliamentary situations that are not otherwise provided for in the law, the Articles of Incorporation, Bylaws or Standing rules.

Proposed Amendment #24
Article XII (formerly Article XI)
Parliamentary Authority

~~The current edition of Sturgis' Standard Code of Parliamentary Procedure governs WSNA in all parliamentary situations that are not otherwise provided for in the law; the Articles of Incorporation, Bylaws or Standing rules.~~

The eleventh edition of *Robert's Rules of Order Newly Revised* shall govern this association in all cases that are not otherwise provided for in the law, the articles of incorporation, bylaws or adopted rules. When a new edition of the parliamentary authority is published, the board may, by majority vote and after ensuring that they have familiarized themselves with the changes in the new version, update the edition reference in the bylaws. Members shall be notified promptly after the change is made.

Rationale

WSNA is using the version in the proposed amendment. This ensures the Association will remain up-to-date over time.

Current
Article XI
Amendments

Section B. Procedure for Amending Bylaws:
 Amendments to bylaws shall be adopted by a vote at the Delegate Assembly or by a simple majority mail vote returned

Proposed Amendment #25
Article XII (formerly Article XI)
Amendments

Section B. Procedure for Amending Bylaws:
 Proposed amendments to these bylaws shall be sent to SNA in accordance with the SNA state affiliation agreement. Amendments to bylaws shall be adopted by a **two-thirds simple majority** vote at the Delegate Assembly or by a **simple** majority mail vote **returned** if at least a majority of all members return ballots.

Rationale

Updated by SNA to ensure we are in compliance with amending bylaws.

Current
Article XIV
Effective Date

Bylaws shall become effective March 10, 2017.

Linda Hoel
 WSNA President

Patricia Dela Cruz
 Bylaws Chair

Proposed Amendment #26
Article XV (formerly Article XIV)
Effective Date

~~Bylaws shall become effective March 10, 2017.~~

~~Linda Hoel
 WSNA President~~

~~Patricia Dela Cruz
 Bylaws Chair~~

Rationale

This Article is unnecessary. Bylaws become effective immediately unless there is a proviso, in which case only that section's effectiveness is delayed. Document is dated to when it is voted.

Amendments to By-Laws to Align with SNA

On November 4, 2017, WSNA signed the State Affiliation Agreement with SNA after approval by the WSNA Executive Board. SNA requires every state affiliate to submit association documents to ensure they are maintaining state and federal non-profit status. WSNA has submitted all of the association documents and received the Certificate of Affiliation.

One of the documents required is the bylaws, which are then reviewed by the SNA Parliamentarian and staff to ensure there is no inadvertently added bylaw language that could conflict with federal law or create unnecessary liability for SNA or the state affiliate. The SNA Parliamentarian also made recommended changes in accordance with governance

best practices.

Many of the proposed bylaws changes recommended by SNA are not major changes. For an instance, in proposed Article I - Name and Article II Mission and Purpose, SNA recommended these two articles be added to ensure every state clearly outlines the name, mission, and purpose of the association.

All of the changes create a better alignment between SNA and the state affiliates, making the SNA voice a more powerful advocate for our mission. We hope you will find the proposed bylaws changes beneficial to ensure the continued growth of your Association!

Washington School Nutrition Association
4010 South Sundown Drive
Spokane Valley, WA 99206

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Dates to Remember

<i>June 7</i>	2019 Conference Committee Meeting Spokane, Washington	<i>July 29-31</i>	WSNA Annual State Conference Spokane, Washington
<i>June 7</i>	Toiletry Drive Results Due to Peggy Rieper	<i>July 31 - August 1</i>	Executive Board Training Spokane, Washington
<i>July 14-16</i>	SNA Annual National Conference St. Louis, Missouri	<i>August 24</i>	Apple Press Deadline Due to Kathy Buchanan
<i>July 27</i>	WSNA Finance Committee Meeting Spokane, Washington	<i>October 2</i>	Taste Washington Day
<i>July 28</i>	WSNA Executive Board Meeting Spokane, Washington	<i>October 14-18</i>	National School Lunch Week
<i>July 28</i>	Pre-Conference Classes Spokane, Washington	<i>October 19</i>	Eastside Fall Workshop Walla Walla School District
		<i>October 26</i>	Westside Fall Workshop Auburn School District