Spring President's Message

I was recently reminded of the saying “April showers bring May flowers” and the multitude of meanings behind these words. For us in the northwest, we understand, while we still may complain about it, that the showers that we receive in April (and in March and in February…) will eventually yield an abundance of beautiful flowers, lush green lawns and fill our magnificent lakes and rivers with water just in time for summer fun! Something that I recently learned is that the overriding meaning of this saying is that, even though times may be tough now, there will be better times to come. This is an excellent metaphor for how to endure storms in any sort of relationship. The pandemic (aka our storm) has been raining down on everyone, including the association, but better times, ones that will see us blossom again, are coming!

I encourage you to consider attending this year’s Annual State Conference which will be held July 24th to 26th at the Greater Tacoma Convention Center. A variety of educational opportunities will also be offered before the conference on July 23rd. Find out all the details in this month’s Apple Press which is bursting with information.

I am very proud of the work that is being done by our conference planning committee, Board of Directors, and Executive Director to plan this year’s meeting. As we look to navigate USDA’s proposed menu pattern changes, CEP, summer meals, P-EBT, breakfast after the bell, the possibility of free meals being available in more of our elementary schools, continued disruptions in the supply chain, high food prices and staffing shortages; remember that better times are coming and that we are all in this together! We have proven over the last 3 years that when we work together in sharing ideas, resources, successes and failures, that we always find a way to make sure that the students that we are here to serve are taken care of each day. We are SUPER HEROES! Don’t forget to celebrate all the hero’s around you on May 5th.

If you have not done so already, please consider commenting on the two (2) proposed rules (Meal Pattern and CEP expansion) that have come from USDA. The meal pattern deadline for comment has been extended to May 10th 2023 while comments regarding CEP are due May 8, 2023. Go to https://www.regulations.gov/ to submit your comments.

Finally, a special congratulations goes to Mark Oswalt (Mead SD). Mark, who has chaired many of our annual conferences in Spokane, was elected to an At-Large Director position with the School Nutrition Association!

Wendy Weyer, RD, SNS
WSNA President
Welcome New Members!!!!

Heidi Allen
Leaanna Bacon
Judy Bishop
Kamryn Borell
Beatriz Campos-Martinez
Tonya Carbone
Cathy Connell
Leslie Deschner
Rosalind Doneen
Yanet Espinoza Gonzalez
Esmeralda Flores
Sandra Gonzalez
Leann Hanson
Chelsea Hecia
Brittany Higgins
Gloria Jimenez
Brenda Jolly
Russell Kallwick
Hye Young Kim
Chi Hchen Koong
Kristy Laxson
Min Hua Lin
Savanna Lopez
Cherie Marbut
Hurtado Olga
Victoria Page
Kristie Pastrana
Tatyana Rymaruk
Arishma Singh
Ritu Singla
Maryin Talbert
Bridget Teegarden
Patrick Thrasher
Samantha Waters
Jinzhu Wu

Watch us grow in Washington State.
The WSNA Annual State Conference will be held July 24-26th, 2023 in beautiful Tacoma, WA

Hello fellow WSNA members!

We want to invite you to join us in “Navigating into the Future – Together”.

Mark your calendars to attend our annual conference; you will gain valuable CEU’s, have time to network with colleagues, enjoy fun activities and have an opportunity to be an active member in our organization (perhaps join the board!).

Our committee has been planning; we think you will enjoy the wellness activities, Night of Entertainment, daily education sessions, fabulous product exhibits from our awesome vendors and delicious meals. Pre-con offerings Sunday may include a farm tour, CFPM testing, SNS credential testing and more. We hope to see you all there this summer :)

Hotel Murano
1320 Broadway Plaza
Tacoma, WA 98402
Phone: (877)628-4408

Rates: Single/Double: $159 $10 each additional person

(Please note: to receive the great rate you must register prior to the conference).

Reservations may be made online at goo.gl/5bWTos or by calling either 253-238-8000 or 877-986-8083.

When calling, please request the WSNA - Washington School Nutrition Association Room Block

Conference Information starts on page 10
How to help increase your Breakfast food counts

Breakfast participation at the high school level is always hard. Students would rather hang out with their friends, stop off at a fast-food place or just run late to school. What is needed is a gimmick to increase breakfast participation at the high school level. This winter North Mason Schools rolled out a hot chocolate bar during breakfast at our high school. With the staff size of 3 we decided to start small this year and only offer it one day a week. The plan that we formed was to offer this treat on Friday mornings along with a freshly baked cinnamon roll.

The good news was we had the equipment to pull this off. We dusted off our Cambro hot beverage dispensers and set up our hot cocoa station and waited. Either it was the amazing smell of the freshly baked cinnamon roll that made them come our way or the good old word of mouth. Either way the kids showed up. The shocked on their faces that turned to smiles when they found out they could get a hot cocoa on that cold Friday morning made both the kids and my staff’s day. We went from 150 kids to over 200 kids at breakfast.

We ran this Friday menu January until spring break. We have dropped the hot cocoa but have kept the freshly baked cinnamon roll on the menu. Surprisingly our breakfast numbers have stayed up.

Lesson learned is high school kids really do need a gimmick to get them to come to the kitchen for breakfast. Think outside of the box. Are you looking at your breakfast program in the eyes of a teenager? Are you serving the same items from 1990? Tastes and wants have changed over the years. Serving a different hot menu item that looks like something you could but at a restaurant is key. Hot cocoa or even ice latte are another way to bring them in as well. This age group of kids are very hard to impress. But with a little of brainstorming you could come up with a plan that is a win for both your program and staff.

Nichol Haw
Region 2 Lead
SUMMER MEAL PROGRAMS

Help close the hunger gap.

Summer meal programs help children get the nutrition they need to learn, play and grow throughout the summer months and keep children ready to learn when school resumes in the fall.

**Turnip the Beet**
Get recognized! The USDA’s Turnip the Beet award is awarded to summer meal program sponsors that offer nutritious foods to students and feature locally produced milk, fruit, vegetables, grains, meat or milk alternatives. Submit nomination form and menu to OSPI (summermeals@k12.wa.us) by September 9, 2023.

Get the application at: [fns.usda.gov/sfsp/turnip-the-beet](http://fns.usda.gov/sfsp/turnip-the-beet)

**Farm to Summer Week**
Enhance your summer meal program by taking advantage of agricultural abundance during the summer and serve local foods. Celebrate during Farm to Summer Week with fun food activities. Find out more in the OSPI Child Nutrition Services Spring newsletter.

Share the meal site finder: [uwkc.org/free-summer-meals](http://uwkc.org/free-summer-meals)

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Bri Cowan, RDN, CD
brianne@wadairy.org
425-245-2526

Get ideas & resources with the Summer Meals Toolkit! [fns.usda.gov/sfsp/summer-meals-toolkit](http://fns.usda.gov/sfsp/summer-meals-toolkit)

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Dairy Council

**July 10-14**
WSNA Member Spotlight: Kalee Thompson, North Franklin School District

What school district do you work for? North Franklin in Connell, WA

How many students are in your district? We currently have 2,011 students enrolled in our district. Connell Elementary school, which is where my team and I work, has roughly 550 students.

How long have you worked in school nutrition? This is my 8th year in school nutrition. I spent my first year subbing in all of the schools in our district.

What is your current role within the district? I was promoted to manager/lead cook in January 2022.

What is your favorite part of working in school nutrition? I love serving our littles and seeing their happy faces when we serve their favorite foods or something new that they really enjoy.
**What are your professional goals for the next six months?** I hope to expand the program to include at least one new event involving students cooking with a nutrition staff member.

**For the next 3 years?** I plan to continue my food services education in order to position myself for a director’s position.

**What are you most proud of in your career so far?** In the last half of the 2020-21 school year I became the temporary lead in my kitchen. During that time, I started baking bread with our 4th graders during Wheat Week in March. They come to the cafeteria with their teachers and volunteer for this event. I give a little presentation, walk through and help with kneading and shaping and then bake the bread and deliver it to their classrooms. This year we will have our Kinder students come and do their annual gingerbread men in the cafeteria for the first time. I am very pleased to have these kinds of things happening for our students and my team.

**What is your favorite school nutrition meal?** This is a hard one to answer, as we are doing a lot of new things under my lead. I think my favorite meal that we have served this year is chicken fajitas with Mexican street corn (I got the recipe for this from the SNA recipe library) and roasted red peppers and onions. We served this the day before Veteran’s Day and had 15 of our local Vets join our students for lunch.

**What is one piece of advice you would give to someone new to working in school nutrition?** Be sure to take advantage of in-person learning events. Conferences are a key part of what we do and a great place to get new ideas and make new friends.

**What’s one thing people don’t know about you that they would be surprised to find out?** I am secretly a poet and in my younger days had 4 of my poems published under a pen name.

**What do you like to do when you are not working?** I love spending time with my family. I am a mom of 2, stepmother of 3, grandmother of 13 and just this summer became a great grandmother.

**What, if anything, are you currently binge-watching? Or reading?** I am watching Manifest on Netflix (I love that show) and reading the No. 1 Ladies Detective Agency 'How To Raise Elephants'.

**What would be your dream vacation?** A month touring Ireland/Scotland.

**What is the one thing you cannot live without?** A dog in my house. I love big dogs and my house doesn't feel like home without a dog in it.
State Legislative Update

What an exciting legislative session for school nutrition programs. The last day of the session is scheduled for April 23, 2023. Here is a quick look at SB 5257 Elementary Recess. It passed both houses but had an amendment so needs approval by the Senate before officially passed by the legislature. It mandates 30 minutes of recess during the school day, requires recess before lunch whenever possible, and prohibits withholding recess for punitive action or disciplinary reasons unless it is a safety issue, discourages using recess to complete academic work, and prohibits physical activity as punishment. This begins with the 24-25 school year and WSSDA must review and update a model policy for nutrition, health, and physical education by August 1, 2024. School districts will need to update their Wellness Policies to reflect these changes.

The main bill we have been tracking is HB 1238 Providing free school meals for all. This bill was amended limiting the financial impact on the budget. It passed the House 93 yes, 3 no and passed the Senate 44 yes, 5 no. This shows great support in both houses. Because it was amended in the Senate, it must return to the House for approval of the amendments before it can be officially passed by the Legislature and given to the Governor to sign. For full bill language on 1238 or 5257 go to https://apps.leg.wa.gov/billinfo/

The current version of HB 1238 requires public schools, charter schools, and state-tribal education compact schools to provide one breakfast and one lunch each school day at no charge to students who request these meals regardless of meal benefit status. This applies to all students in a school in which educational services are provided to students in any of the grades K-4 and begins in 23-24 school year for schools that are 40% free & reduced. This is not Identified Student Percentage (ISP) that is used for CEP. Beginning the 24-25 school year it expands to schools (same student criteria) that are between 30-40% free & reduced. This does not apply to schools that are already in a CEP cycle. To maximize federal funding, meal benefit applications will need to be collected and direct certification run monthly. Schools will be reimbursed by the state for the difference between the free rate and the paid rate for any meals not reimbursed by USDA at the free rate. This is funded in the proposed House operating budget.

We had great support across our state from WSNA members testifying before Committee, written testimony submitted, and many of you signing in your position during public testimony. There was over 700 people signed in PRO during the House public testimony, which showed amazing support. The legislature still allows remote testimony, which makes it easy to be involved. Hearing stories from WSNA on the impact to our students really makes a difference. Willingness to be involved in legislative issues shows legislators that WSNA cares about these bills and our students. A huge thank you to all of you who participated in the legislative process this session. If you would like to be involved but do not know how to get started or what the options are, feel free to reach out to me at kim.elkins@mead354.org.
MORE THAN MENU PLANNING

FLEXIBLE MENUS
Need flexible menus to accommodate supply chain challenges? Health-e Pro can help with that.

POWERFUL PARTNERSHIPS
Integrate Health-e Pro data with label printing, digital signage, inventory, POS, and your distributor. Health-e Pro can help with that.

INSTANT PUBLISHING
Looking to offer beautiful menus online with nutrient and allergen information? Health-e Pro can help with that.

HELPFUL SERVICES
Want help with data entry or preparing for an Administrative Review? Health-e Pro can help with that.

www.healtheapro.com    800-838-4856    sales@healtheapro.com
# 2023 Conference at a Glance

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td><strong>July 23, 2023</strong></td>
<td><strong>July 24, 2023</strong></td>
<td><strong>July 25, 2023</strong></td>
<td><strong>July 26, 2023</strong></td>
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<td><strong>Tacoma Conference Center</strong></td>
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<tr>
<td>WSNA Pre-Conference Training</td>
<td>Continental Breakfast 6:45 to 7:45 am</td>
<td>Continental Breakfast 6:45 to 7:45 am</td>
<td>Breakfast 6:45 am to 7:45 am</td>
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<tr>
<td>Pre-Registration Required (See Conference Registration Form)</td>
<td>First Timers Session 6:45-7:45 am Breakfast included</td>
<td>Registration 7:00 am to 10:00 am</td>
<td>Networking Mtg District Directors and Supervisors 6:45-7:45 am</td>
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<td>Workshop Sign-in 7:30 am</td>
<td>Registration Hospitality</td>
<td>Education Sessions 8:00 am to 9:00 am 9:15 am to 10:15 am</td>
<td>Education Sessions 8:00-9:00 am</td>
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<td>Board Meeting 9:00 am -12 pm Lunch provided.</td>
<td>Door Prize Drop-off 6:30 am to 5 pm</td>
<td>Exhibits (DDS Only) 8:30 am to 10:30 am</td>
<td>Education Sessions 9:15-10:15</td>
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<tr>
<td>Certified Food Protection Manager (CFPM) Training and Exam 8:00 AM to 5:00 PM 5:00 PM to 7:00 PM Exam (1 hour break for lunch– NO LUNCH provided)</td>
<td>Balloting OPEN 7 am to 4 pm</td>
<td>Exhibits (All Attendees) 10:30 am -1:30 pm</td>
<td>Closing Session with Keynote Speaker Jan McDonald 10:30 am</td>
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<tr>
<td>SNS Exam 1:00 PM to 5:00 PM</td>
<td>Opening General Session with Keynote Speaker Andy Masters 8-10:30 am</td>
<td>Wellness Activity 2:30-4:00 pm</td>
<td>Executive Board Meeting &amp; Board Training 1:00 pm – 5:00 pm</td>
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<td>Field-to-Flavor Showcase 12:30 PM – 6:00 PM WSU Research &amp; Extension Center (please note, not at convention center)</td>
<td>Networking Break 10:30 am to 11:00 am</td>
<td>No-host Social Hour 5 pm to 6 pm</td>
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<td>Delegate Assembly and Luncheon 11:00 am to 1:15 pm</td>
<td>Banquet Dinner 6 pm</td>
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<tr>
<td>Registration Hospitality and Drop-off Door Prizes at the Tacoma Conference Center 11 am to 7 pm</td>
<td>Education Sessions 1:30 pm to 2:30 pm 2:45 pm to 3:45 pm 4:00 pm to 5:00 pm</td>
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<tr>
<td>Balloting OPEN Noon to 7 pm</td>
<td>Night of Entertainment 6 pm to 9 pm (No Host Bar Opening at 5)</td>
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KEYNOTE SPEAKERS

“LOVE What You Do, Enjoy LESS Stress, and Let’s Make THIS YEAR Your Best!”

Join international Author/Speaker Andy Masters in this entertaining program illustrating easy and inexpensive ways to create a FUN working environment, and CELEBRATE the amazing impact YOU make with our students each day. Andy creatively shares specific tools you can apply immediately to recharge, refocus, and happily embrace both work and life. The incredible impacts of a fun and positive work environment include less stress, higher morale, lower turnover, and even increased service levels—accomplished with little or NO costs. Let’s all embrace these amazing principles—and enjoy the BEST year you’ve ever had doing what you do!

Andy Masters, MA, CSP is an award-winning author and international speaker who has presented over 1,000+ programs for 100,000+ attendees in 47 states—including as keynote speaker for over 350+ education events. Andy has earned the prestigious CSP award of the National Speakers Association (NSA), the highest international recognition for professional speakers, achieved by less than 10% of the 5,000+ speakers worldwide. He has written 5 books and earned 4 degrees, including an M.A.-Human Resources Development and an M.A.-Marketing from Webster University in Missouri. Andy has been featured on the LifeTime Television network, PBS, Investor’s Business Daily, and Leadership Excellence magazine. His website is https://andy-masters.com (Click on Education).

Jan McDonald cares about people and their future growth and success. For 14 years, Jan was the CEO of very successful non-profit. Jan became a Maxwell Leadership certified Coach, Speaker and Trainer in 2015 because of the great impact leadership skills have had on that organization, her life and relationships. Jan’s leadership experience and success in achieving organizational goals and objectives has consistently taken those she serves to the next level.

Jan has been married for 35 years, has 3 adult children, 4 grandchildren and Truffle, a dog. She loves spending time with her family. Her hobbies include hiking, weight-lifting, writing, gardening and river rafting.

Navigating Change: Exploiting the Rapids on the River of Uncertainty

Everyone is experiencing times of transition, uncertainty and change these days. There is a way to not only survive, but to thrive during these times. I’m going to draw on my own rafting experiences and use them as analogies for tips on how to approach times of change and uncertainty with confidence.
Field-to-Flavor Showcase

July 23, 2023 | 12:30-6:00 pm
Fee: $50.00 | CEUs: 4.0

Join us for a pre-conference farm-to-school and local food research tour to learn about Washington-grown grains, veggies, and other farm products for school meal programs. This “Field-to-Flavor Showcase” will take attendees on a flavor-packed field trip to visit the Franklin Pierce School District Farm (aka “The Farm”), the WSU Puyallup Research and Extension Center, and conclude with a tasting event to showcase delicious foods prepared from Washington-grown grains and produce. A focus will be on student farms, and foods for school menus that feature fresh vegetables as well as novel grains like buckwheat and millet. You will:

- Learn how school food supply looks from the farm (and student farm) perspective;
- Sample dishes blending nutrient-dense whole grains with seasonal produce;
- Discuss and learn about food seasonality in the Pacific Northwest;

Visit the WSU Puyallup Research and Extension Center, where six flavonoid-rich buckwheat varieties are being trialed to learn how applied research helps farmers and schools connect through school meal programs.
### Agenda

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| 12:30pm | Meet at the Washington State University Puyallup Research and Extension Center  
2606 W Pioneer Ave, Puyallup, WA 98371 (follow signs to parking) |
| 12:40pm | Load vans/coach and depart for local farm tour                          |
| 1:00pm  | Tour Franklin-Pierce School District Farm                               |
| 2:40 pm | Load vans/coach and depart                                               |
| 3:00pm  | Tour WSU Puyallup Research and Extension Center Field Research Facility – Applied Local Food Research |
| 4:15pm  | Field-to-Flavor tasting reception at WSU Puyallup Allmendinger Hall       |
| 6:00pm  | Event closing                                                           |

Please note this event begins and ends at the WSU Puyallup Research and Extension Center. Attendees are responsible for their own transportation to the center. Recommend that your dress appropriately for the weather and walking through farmland. Maximum attendees 45.
WSNA ASC Pre-Con

Certified Food Protection Manager (CFPM) Training & Exam

The Washington State Retail Food Code requires that at least 1 employee of the Child Nutrition Department hold a certificate as a Certified Food Protection Manager beginning March 1, 2023. CFPM certificates are valid for 5 years. If you are interested in expanding your food safety knowledge or need to become CFPM certified for your job, please join us for this pre-conference training opportunity that will be taught by certified instructors. Did you know that completion of the 8 hour CFPM training can additionally count towards meeting the 8 hour Food Safety & Sanitation requirement for Level 1 certification with SNA?

Date: Sunday July 23, 2023
Location: Greater Tacoma Convention Center
Hours: 8:00-5:00 pm Training (includes 1 hour lunch break on your own)
4:00-5:00 pm Exam (2 hours is the maximum time allowed for the exam)
Cost: $80
Materials: Once registration is confirmed, participants are required to purchase the ServSafe Manager Book 7th Edition, with Exam Answer Sheet. These materials are currently available, in multiple languages, for $70.30. The in-person training will be offered in English. Review of these materials prior to the training is highly recommended for exam success.
Registration Deadline: Friday, June 30, 2023 (Maximum attendees 70)

Details on how to purchase training materials will be emailed to you once the training minimum of 10 has been met. Training materials, exam answer sheet and photo ID are required for entry into the training.

Please let Mindy know if you plan on attending class so we can keep track of the count
wsnaexecmc@gmail.com

Lunch, Exciting and New!

Come Aboard.
We’re Expecting You...
The Lunch Boat will be making a run,
The Lunch Boat promises something for everyone
Set a course for adventure
Your mind on some fun.

Save the Date for Fun!

We invite you to set sail on “The Lunch Boat” – at the WSNA Night of Entertainment Monday, July 24th.

Join the Lunch Boat Crew for a fun evening filled with food, drink, music, dancing, games, crafts and more. We have a little something for everyone! Cruise themed and 70’s-80’s attire encouraged. This is your chance to grab your colleagues, your friends and (new friends) for an enchanting evening aboard the SS LUNCH LINE. Arrive at Port at 5pm... for a no-host bar and pre-networking, boarding begins promptly at 6pm.

This is definitely an event you will not want to miss! Welcome Aboard!
Why Become Credentialed?

A School Nutrition Specialist (SNS) has demonstrated the knowledge and competencies necessary to manage a school nutrition program and is dedicated to high professional standards. The SNS Credential is a mark of excellence and achievement.

Where to Sign Up

Go Online!

https://schoolnutrition.org/Credentialing

Must register by June 30th

How to Prepare

Resources

*SNNA provides study materials on their website: https://schoolnutrition.org/Credentialing

Save the Date!

WSNA Summer Conference
July 23, 2023
1:00-5:00pm
Tacoma Convention Center

Sign Up Today!!

www.washinngtonsna.org
Early Bird Deadline: June 30, 2023

2023 WSNA ANNUAL STATE CONFERENCE REGISTRATION
July 24-26, 2023 ~ Greater Tacoma Conference Center ~ Tacoma, Washington

Ways to Register:
- Online Preferred, Go To: www.washingtonsna.org and click on the link for online registration.
- Mail: Send form with payment information to WSNA, 26009 114th St. Ct. E
  Buckley, Wa. 98321

REGISTRATION PAYMENT
**Purchase orders will not be accepted.**

Total: $ (A + B )
- CHECK enclosed, payable to WSNA
- CREDIT CARD
  - MasterCard
  - Visa
  - Discover
  - AmEx

Card #: ____________________________
Exp. Date: __/___ Security Code: ______

Signature (REQUIRED)
__________________________________________________________
Printed Name on Card
__________________________________________________________

ZIP of Billing Address
__________________________________________________________

Ways to Register:
- Online Preferred, Go To: www.washingtonsna.org and click on the link for online registration.
- Mail: Send form with payment information to WSNA, 26009 114th St. Ct. E
  Buckley, Wa. 98321

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**Purchase orders will not be accepted.**

Total: $ (A + B )
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- CREDIT CARD
  - MasterCard
  - Visa
  - Discover
  - AmEx

Card #: ____________________________
Exp. Date: __/___ Security Code: ______

Signature (REQUIRED)
__________________________________________________________
Printed Name on Card
__________________________________________________________

ZIP of Billing Address
__________________________________________________________

A. Registration Fees:
Early Bird Rate-EB (postmarked by 6/30/23),
Regular Rate-RR (postmarked after 6/30/23 or at conference
Non Member-NM.)

Please circle one: EB RR NM

Conference Registration:
Manager/Employee $165 $215 $330
Directors/Supervisors/Chef $200 $250 $400
Field -To-Flavor Showcase $50
Certified Food Protection Manager Class/Exam $80

Section “A” Total $ ____________________________

*Conference Registration* includes admission to all breakfasts,
Networking Luncheon, Night of Entertainment & Dinner Banquet.

B. Extra Meals Only (Purchases)
If you wish to order additional meal tickets for guests, Please contact Mindy at WSNAEXECMC@gmail.com

C. We realize that sometimes you wish to venture out for dinner with a friend or
two. In an effort to combat food waste, please let us know if you will be joining us.
This year we are asking simply that if you choose to not stay
(although this will not change your registration fee),
Check the night, Or nights that you will not be joining us.

o NOE (Monday, Night of Entertainment)
o Tuesday Dinner Banquet

IMPORTANT - PLEASE READ
MEALS - All conference meals are included in your registration. Contact if you
wsnaexecmc@gmail.com if you require a special diet,
If you require special services under the Americans with Disabilities Act
of 1990 please contact wsnaexecmc@gmail.com

Refund & Returned Check/Denied Credit Card Policy
All cancellations must be in writing and received by July 10. All cancellations received by July 10 will be refunded less a $15 administrative fee. No refund will be allowed if the request is made after the meeting has taken place. A $20 fee will be assessed for returned checks.

Signature ____________________________
Date ____________________________
From the Directors Desk
Leanne Eko, Chief Nutrition Officer
OSPI Child Nutrition Services

Happy Spring 2023!
By the time you read this, the 22-23 SY will be close to winding down. How can it be?!
Here is a quick run down of what’s happening.

HB1238 Universal Meals continues to move through the legislative process. While
amendments to meet budgetary restraints have significantly changed the bill, we are still
pleased to see the acknowledgement of the importance of healthy meals for students.
The current bill includes:
• Universal free meals for students in “elementary schools” (defined as schools
  that includes any of the grades K-4) where the F/R is 40% or more (SY23-24)
or 30% or more (SY 24-25 and beyond).
• Schools required to provide free meals under this bill, are also required to
  operate a breakfast program (starting in SY24-25).
• Removes the requirement that public schools with an identified student
  percentage of less than 40 percent participate in the Community Eligibility
  Provision if authorized by federal law.

We will provide additional information and details if/when the bill passes.

We hope the USDA Supply Chain Assistance Funds (totaling over $40 million for WA
state) have been helpful in supporting you in navigating the ongoing supply chain
challenges. The first two rounds of funding have been released and third round of
funding is planned for release in September.

We are excited to continue and expand activities around Farm to School and local
purchasing. We received rave reviews of our recent Farm to School Road Shows and are
making plans for future events. We are also continuing to collaborate with the
Washington Department of Agriculture for the Farm to School Purchasing Grants. And,
we continue to make progress on the Local Foods for Schools Grant. We received a
great response to our Request for Application and anticipate offering several local foods
through our Food Distribution Program for SY 24-25.

It’s time to apply for operation of a Summer Food Service Program. Many of our
students face hunger during the summer months in the absence of school meals.
Consider operating or expanding summer meals in your community! Check out the
Summer Food Service Program webpage for additional information.

I’m excited for upcoming opportunities to connect...at the WSNA Annual Conference in
July and NSLP Annual Training in August. I look forward to seeing you there!
We are all a part of the WSNA and SNA family. Yes we live in different cities, states and we work in different districts and departments. All with a common goal. Our mission in this wonderful association is to engage, educate and empower School Nutrition professionals to advance accessibility, quality and integrity of our school nutrition programs. We envision a country in which every student has access to nutritious meals, to strengthen their health and well-being.

I want you to ask yourself what that means to you. How will you contribute? What mark will you leave when we are no longer here in our positions? Our jobs are a small part of a big community, but with a great importance and huge impact in our student's lives.

We form a crucial piece of a big puzzle. Without our piece the big picture is incomplete. What other puzzle pieces are there? Teachers, administrators, bus drivers... The list goes on and on. All forming as one, none can work without the others help and contribution. I work in an elementary school. My team isn't only my kitchen helpers. My team is also the principal that sets the tone in my school. My team is the custodian that helps keep my kitchen and lunch room pristine at all times. My team is the para educators that help keep the lunchroom safe and in line. My team is my milk man that with a smile twice a week comes in and replenishes our milk. My team is my produce delivery driver, My food delivery
truck driver. All this and more if we sit and take a good look all around us we have a team, we have so many resources and connections. It is our job to establish these connections and utilize all our resources.

“By working together, pooling our resources and building on our strengths, we can accomplish great things.” Ronald Reagan

I encourage you all to make connections. You are valuable and important contributors in our community. We have the power to make changes. We have a voice and here in WSNA we have so many resources, workshops and conferences that will help us establish our relationships with all around us. We have opportunities to form part of chapters in our areas and be part of the Board for WSNA. There is nothing we can’t do when we put our heart and dedication in it. Remember whatever task you think is too big. Your team and support group is much bigger than you think.

Erika Santana Regional Lead 1
Delegates Assembly at Annual State Conference 2023

Proposed Amendments to By-Laws

Current Bylaw:

Article IV – Officers

Section B. Eligibility and Terms of Office

All officers shall hold office until the installation of new officers at Annual State Conference. Candidates for State office shall have held membership in SNA, WSNA, or SNA State Affiliate for at least five years for Vice-President and Secretary-Treasurer.

The candidate shall:

1. Have demonstrated leadership ability by serving on the Executive Board of a Chapter affiliate or by serving on a State committee or advisory board.
2. Be regularly employed in an eligible field as defined by SNA.
3. Be elected for a specified term and shall retain active membership at the time of nomination, election, and throughout their term of office.
4. Shall be SNA certified and/or credentialed members.
5. Shall serve no more than two terms per elected office.

a. President: The President shall be the chief elected officer and shall serve one term and shall perform all duties as listed in the job description. The president shall be actively working and involved in the school nutrition profession throughout the term.

   1. Provide leadership to ensure the strategic direction and values of the association are maintained;
   2. Represent the association before the public as the official representative of the association;
   3. Preside over all meetings of the board and the membership;
   4. Serve and make appointments as required by these bylaws and other governing documents, including serving as ex-officio on all committees and advisory councils except the leadership development committee; and
   5. Perform other duties incident to the office of president, whether assigned by the board or association governing documents.

b. President-Elect: The President-elect shall serve for one year and shall perform all duties as listed in the job description.

   1. Perform the duties of president in case of temporary absence or temporary inability to serve;
   2. Preside over the delegate assembly;
   3. Serve and make appointments as required by these bylaws and other governing documents including recommending for board approval the appointment of incoming members of committees and advisory councils to fill applicable expiring terms; and
   4. Perform other duties incident to the office of president-elect as assigned by the president, the board, or association governing documents.

c. Vice President: Shall be elected annually, serve for one year, and shall perform all duties as listed in the job description. To be eligible for this office, a candidate shall: (1) have had previous service on the Board, (2) have served on a standing committee or advisory board within the past five years, and (3) have attended one of the last three State Conferences. The vice president shall be actively working and involved in the school nutrition profession throughout the term.

   1. Perform the duties of the president-elect in the president-elect’s temporary absence;
   2. Serve as required by these bylaws and other association governing documents; and
   3. Perform other duties incident to the office of vice president as assigned by the president, the board or association governing documents.

Proposed Amendment #1:

Section B. Eligibility and Terms of Office:

All officers shall hold office until the installation of new officers at Annual State Conference. Candidates for State office shall have held membership in SNA, WSNA, or SNA State Affiliate for at least five three
years for Vice-President and Secretary-Treasurer.

The candidate shall:

1. Have demonstrated leadership ability, by serving on the Executive Board of a Chapter affiliate or by serving on a State committee or advisory board. Leadership skills may be demonstrated by serving on the Board of an allied organization, local chapter, SNA state association or SNA National.

2. Be regularly employed in an eligible field as defined by SNA.

3. Be elected for a specified term and shall retain active membership at the time of nomination, election, and throughout their term of office.

4. Shall be SNA certified and/or credentialed members.

5. Shall serve no more than two terms per elected office.

a. **President**: The President shall be the chief elected officer, and shall serve for one term and shall perform all duties as listed in the job description. The president shall be actively working and involved in the school nutrition profession throughout the term.

   1. Provide leadership to ensure the strategic direction and values of the association are maintained;
   2. Represent the association before the public as the official representative of the association;
   3. Preside over all meetings of the board and the membership;
   4. Serve and make appointments as required by these bylaws and other governing documents, including serving as ex-officio on all committees and advisory councils except the leadership development committee; and
   5. Perform other duties incident to the office of president, whether assigned by the board or association governing documents.

b. **President-Elect**: The President-elect shall serve for one year, after which they will succeed into the role of President and shall perform all duties as listed in the job description. The President-elect shall be actively working and involved in the school nutrition profession throughout the term.

   1. Perform the duties of president in case of temporary absence or temporary inability to serve;
   2. Preside over the delegate assembly;
   3. Serve and make appointments as required by these bylaws and other governing documents including recommending for board approval the appointment of incoming members of committees and advisory councils to fill applicable expiring terms; and
   4. Perform other duties incident to the office of president-elect as assigned by the president, the board, or association governing documents.

c. **Vice President**: Shall be elected annually, serve for one year, after which they will succeed into the role of President-elect and shall perform all duties as listed in the job description. The Vice President shall be actively working and involved in the school nutrition profession throughout the term.

To be eligible for this office, a candidate shall: (1) have had previous service on the Board, (2) have served on a standing committee or advisory board within the past five years, and (3) have attended one of the last three State Conferences. The vice president shall be actively working and involved in the school nutrition profession throughout the term.

1. Perform the duties of the president-elect in the president-elect’s temporary absence;
2. Serve as required by these bylaws and other association governing documents; and
3. Perform other duties incident to the office of vice president as assigned by the president, the board or association governing documents.

**Rationale**

The proposed changes specific to qualifications for Vice President and Secretary-Treasurer are intended to increase the applicant pool for these positions. Remaining changes are to clean up duplicate language and additionally to be consistent regarding an elected Board of Directors qualifications for remaining in office.

**Current Bylaw:**

**Article IV – Officers**
Delegate Assembly at Annual State Conference 2023 Continued

Section C: Elections.
Elections shall be held at The Annual State Conference. WSNA members in good standing and not planning to attend the ASC can vote by completing the request form for absentee ballots published in the summer edition of the WSNA Apple Press. The Board shall determine timelines for balloting procedures and notification of candidates.

Proposed Amendment #2:
Section C: Elections.
Elections shall be held at The Annual State Conference. WSNA members in good standing and not planning to attend the ASC can vote by completing the request form for absentee ballots published in the summer edition of the WSNA Apple Press. The Board shall determine timelines for balloting procedures and notification of candidates.

Rationale
The proposed change removes the specific edition of the Apple Press that an absentee ballot will be published to allow for flexibility in publishing.

Current Bylaw:
Article V – Meetings

Section A. Type of Meeting
1. Annual State Conference (ASC): There shall be an Annual State Conference, the date and place determined by the Board.
2. Delegate Assembly: There may be a Delegate Assembly called by the President and held at the Annual State Conference, when recommended by the Bylaws Committee or the Board of Directors. Such meeting may be held by electronic means as allowed by law.
3. Board of Directors: There shall be four Board of Directors Meetings: one immediately before and one during or immediately after the Annual State Conference, one to be called by the President in the fall and one to be called by the President in the spring. Additional meetings may be scheduled as needed and may be held by telephone conference call or as otherwise allowed by law.
4. Executive Committee: The Executive Committee shall meet on call of the President or at the request of the members of the Executive Committee. The Executive Committee shall convene prior to any Board meeting to review issues, budgets, and budget reports, and make recommendations to the Board of Directors.
5. Legislative Conference: A legislative conference may be held annually to evaluate legislative needs and plan strategies for legislative activities.
6. Industry Seminar: An Industry Seminar may be held annually to provide dialogue between WSNA and industry to project program needs and share technical assistance and expertise.
7. Leadership Seminars: Leadership Seminars may be held annually. The purpose of the seminar is to develop leadership and present WSNA's Plan of Action for the ensuing year.
8. Fall Workshops: Workshops to provide educational opportunities will be held in regions of the state.
9. Spring Workshop(s): Workshop(s) to provide educational opportunities in a region of the state.
10. Special Meetings: Special meetings and seminars may be called or approved by the Board.
11. Notice of Meetings: Notice of meetings may be sent electronically as allowed by law.

Proposed Amendment #3:
Article V – Meetings

Section A. Type of Meeting
1. Annual State Conference (ASC): There shall be an Annual State Conference, the date and place, including virtually, to be determined by the Board.
2. Delegate Assembly: There may be a Delegate Assembly called by the President and held at the Annual State Conference, when recommended by the Bylaws Committee or the Board of Directors. Such meeting may be held by electronic means as allowed by law.
3. **Board of Directors:** There shall be four Board of Directors Meetings: one immediately before and one during or immediately after the Annual State Conference, one to be called by the President in the fall and one to be called by the President in the spring. Additional meetings may be scheduled as needed and may be held by telephone conference call or as otherwise allowed by law.

4. **Executive Committee:** The Executive Committee shall meet on call of the President or at the request of the members of the Executive Committee. The Executive Committee shall convene prior to any Board meeting to review issues, budgets, and budget reports, and make recommendations to the Board of Directors.

5. **Legislative Conference:** A legislative conference may be held annually to evaluate legislative needs and plan strategies for legislative activities.

6. **Industry Seminar:** An Industry Seminar may be held annually to provide dialogue between WSNA and industry to project program needs and share technical assistance and expertise.

7. **Leadership Seminars:** Leadership Seminars may be held annually. The purpose of the seminar is to develop leadership and present WSNA’s Plan of Action for the ensuing year.

8. **Fall Workshop(s):** Workshop(s) to provide educational opportunities in a region will be held in regions of the state or virtually.

9. **Spring Workshop(s):** Workshop(s) to provide educational opportunities in a region of the state or virtually.

10. **Special Meetings:** Special meetings and seminars may be called or approved by the Board.

11. **Notice of Meetings:** Notice of meetings may be sent electronically as allowed by law.

**Rationale**

The proposed changes acknowledge that the Annual State Conference, Fall and Spring Workshop, at some time in the future, may need to be held virtually. Aligns Fall and Spring Workshop to current practice while still allowing flexibility.

**Current Bylaw:**

**Article VI – Delegate Assembly**

The Delegate Assembly shall formulate the philosophies and goals under which the Board of Directors manages the affairs of WSNA. The Delegate Assembly may hear committee and officers reports. The Delegate Assembly shall take action on recommendations, resolutions, and amendments to the Articles of Incorporation and Bylaws, and have all other powers and duties specifically provided to it by the Articles of Incorporation and Bylaws.

1. **Composition:**
   a. The voting members shall include the Board of Directors and all members in attendance.
   b. All members and the WSNA Executive Director have the right to speak at the Delegate Assembly.
   c. Delegate Assembly will be held during an Annual State Conference. The exact time and place will be decided by the Board of Directors.

2. **Responsibilities:**
   a. Formulates the philosophies and goals.
   b. Debates and reviews matters of professional interest.
   c. Makes general and specific recommendations to the Board of Directors.
   d. Reviews the annual Plan of Action.
   e. May review reports of Chapter affiliates, Board members, State committees and Advisory boards.
   f. Takes action on proposed resolutions and amendments to the Bylaws.

3. **Voting:** Each member is entitled to one vote.

4. **Quorum:** One Tenth of WSNA membership shall constitute a quorum at the Delegate Assembly.

**Proposed Amendment #4:**

**Article VI – Delegate Assembly**

Delegate Assembly at Annual State Conference 2023 Continued on page 24
Delegate Assembly at Annual State Conference 2023 Continued

The Delegate Assembly shall formulate the philosophies and goals under which the Board of Directors manages the affairs of WSNA. The Delegate Assembly may hear committee and officers reports. The Delegate Assembly shall take action on recommendations, resolutions, and amendments to the Articles of Incorporation and Bylaws, and have all other powers and duties specifically provided to it by the Articles of Incorporation and Bylaws.

1. Composition:
   a. The voting members shall include the Board of Directors and all members in attendance.
   b. All members and the WSNA Executive Director have the right to speak at the Delegate Assembly.
   c. Delegate Assembly will be held during an Annual State Conference at a time and place determined by the Board of Directors. The exact time and place will be decided by the Board of Directors.
   d. Delegate Assembly may be held via electronic means as deemed necessary by the Board of Directors.

2. Responsibilities:
   a. Formulates the philosophies and goals.
   b. Debates and reviews matters of professional interest.
   c. Makes general and specific recommendations to the Board of Directors.
   d. Reviews the annual Plan of Action.
   e. May review reports of Chapter affiliates, Board members, State committees and Advisory boards.
   f. Takes action on proposed resolutions and amendments to the Bylaws.

3. Voting: Each member is entitled to one vote.

4. Quorum: One Tenth Fifty-one percent (51%) of the voting delegates, who have confirmed in advance that they will attend the meeting in which the Delegate Assembly is being held, of WSNA membership shall constitute a quorum at the Delegate Assembly.

Rationale

Proposed changes are intended to allow for flexibility in respect to when the Delegate Assembly can be scheduled, including electronically. Makes changes to the definition of what constitutes a quorum recognizing that attendance at the meeting in which a Delegate Assembly may be held, may be a hardship for some members to attend.

Current Bylaw:

Article IX – Committees

Section A. Standing Committees:

1. There shall be the following standing committees.
   a. Executive (President, Pres Elect, Vice Pres, Sec/Treas, Member at Large, Leadership Development chair, and Executive Director)
   b. Leadership Development
      (1) The Leadership Development Committee shall be composed of seven members: four elected Regional Lead members elected by and from the WSNA regions and three members appointed by the president and approved by the Board of Directors. The president will select one member from the committee to serve as chair. The Regional Leads shall serve two-year staggered terms.
      (2) The Leadership Development Committee shall identify and recruit eligible candidates based on their leadership competencies and diversity.
      (3) If there is no eligible candidate for election to a region position on the Leadership Development Committee by the beginning of WSNA’s Annual State Conference, the president-elect shall make the appointment with the approval of the Board of Directors.
      (4) Members of the Leadership Development Committee shall:
         (a) Be a member in good standing;
(b) Have an SNA certificate or be SNA credentialed;
(c) Have demonstrated leadership experience by serving on the Board of Directors of WSNA or WSNA chapter or by serving on a state committee or task force; and
(d) Be regularly employed (a minimum of 130 days during the prior 12 months) in an eligible field.

Proposed Amendment #5:
Article IX – Committees
Section A. Standing Committees:
1. There shall be the following standing committees.
   a. Executive (President, Pres Elect, Vice Pres, Sec/Treas, Member at Large, Leadership Development chair, and Executive Director)
   b. Leadership Development
      (1) The Leadership Development Committee shall be composed of seven members: four elected Regional Lead members elected by and from the WSNA regions and three members appointed by the president and approved by the Board of Directors. The president will select one member from the committee to serve as chair. The Regional Leads shall serve two-year staggered terms.
      (2) The Leadership Development Committee shall identify and recruit eligible candidates based on their leadership competencies and diversity.
      (3) If there is no eligible candidate for election to a region position on the Leadership Development Committee by the beginning of WSNA’s Annual State Conference, the president-elect shall make the appointment with the approval of the Board of Directors.
      (4) Members of the Leadership Development Committee shall:
         (a) Be a member in good standing;
         (b) Have an SNA certificate or be SNA credentialed
         (c) Have demonstrated leadership experience by having served on the Board of Directors of WSNA or WSNA chapter or by serving on a state committee or task force; and
         (d) Be regularly employed (a minimum of 130 days during the prior 12 months) in an eligible field.

c. Education
d. Membership/ Certification/ Credentialing
e. Marketing/ Communication
f. Industry Advisory
g. Public Policy and Legislation
h. Bylaws Committee. The chair is the Parliamentarian.

Rationale
The proposed changes remove an unnecessary reference to a staggered term on the Leadership Development Committee for Regional Leads. Additionally makes modification to the qualifications for membership on the Leadership Development Committee. This change may allow someone who is retired, for example, to volunteer in this capacity.
Title: Ruth Ann Bennett Annual WSNA Summer Conference Scholarship

Who: Ruth Ann Bennett was a dedicated WSNA member and leader from 1978-1997. She wanted every Child Nutrition Program in the state to be successful. She was committed to ensuring that WSNA members were offered valuable continuing education opportunities through workshops and conference. This scholarship was set up in her name in 1997 when she retired. The purpose is to provide members with financial assistance to attend WSNA sponsored education sessions. Unfortunately, Ruth Ann passed away in 2020. Her impact however continues through this continuing education scholarship opportunity.

What: Scholarship for Expenses to attend WSNA Annual Summer Conference. This can be used for pre-conference and/or conference registration fees and up to 2 nights of lodging for 1 person in a conference hotel. Additional expenses like parking may be covered with approval. Two Scholarships for up to $400. NOTE: Only 1/2 of the room cost can be covered in adhering to the WSNA policy that board members share a room when traveling.

Requirements of Applicants:

1. Be a current, active member of SNA/WSNA.
2. Deadline for submission is June 15th.
3. The scholarships will be awarded within 30 days of conference. The recipients will work with the WSNA Executive director to coordinate pre-payment of conference registration and hotel fees.
4. Member can receive this scholarship only once.
5. Scholarships will be awarded based on the applicant’s response to the question “Why do you want to attend summer conference and how would the Ruth Ann Bennett scholarship help?” (Be specific: What excites you about attending conference? How would the scholarship help you?)
6. The education committee is responsible for the selection of scholarship recipients. A scoring system will be used based on: content, completeness, professionalism, and spelling/punctuation. A committee of at least 3 WSNA members will score scholarship applications; the highest average score will receive the scholarship. In the event of a tie the committee will award by random drawing. An alternate will be selected if one of the scholarship recipients is not able to attend summer conference.
7. The grant recipient will be recognized at the annual summer conference.
8. Complete the following short application and email to: wsnaexecmc@gmail.com

Questions can be emailed to the WSNA Executive Director at: wsnaexecmc@gmail.com.
Ruth Ann Bennett Annual WSNA Summer Conference Scholarship Application

Complete the following Application and email to: wsnaexecmc@gmail.com
Questions can be emailed to the WSNA Executive Director at: wsnaexecmc@gmail.com

Name: __________________________________________________________________________

Address: _________________________________________________________________________

Best Telephone Contact Number: ___________ (___Mobile ___Land Line)

SNA/WSNA Membership #: ____________________

email address ___________________________________________

How many years have you been a WSNA member? ______

School District Employed by/ Employer: ________________________________

In 3 sentences or less; Why do you want to attend summer conference and how would the Ruth Ann Bennett Scholarship help?
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

______ (Please check) I agree to register and attend the WSNA annual summer conference.

______ (Please check) I certify that I will not be reimbursed by my employer, chapter or other source for fees associated with attending the annual summer conference.

On behalf of the WSNA board, thank you for applying!
Title: WSNA Workforce Development Grant (Two-$250 or one grant for up to $500)

Please note: scholarships have been revised to reach more members. Unlike in the past, this does not need to be used towards a degree or certificated program but IT CAN BE.

What: Grant to enhance professional development in Child Nutrition. It could be used to take a community college class or online professional development class. Examples are: Microsoft Office or Excel computer class; a class on workplace communication; a management skills improvement class; a culinary class.

Requirements of Applicants:

1. Be a current, active member of SNA/WSNA for a minimum of 1 year.
2. Deadline for submission June 15th.
3. Note: Pre-payment of the class fee by the recipient will be required. The awardee will submit documentation to WSNA to be reimbursed. The documentation needs to indicate the class name, payment amount, and proof of completion. Class completion and document submission must occur within 1 year of award date.
4. Scholarships will be awarded based on the applicant’s response to the question “How would the WSNA Workforce Development grant help you with your professional goals?”
5. The education committee is responsible for the selection of scholarship recipients. A scoring system will be used based on: content, completeness, professionalism, and spelling/punctuation. A committee of at least 3 WSNA members will score scholarship applications; the highest average score will receive the scholarship. In the event of a tie the committee will award by random drawing.
6. The grant recipient will be recognized at the annual summer conference.
7. Complete the following short application and email to:
   wsnaexecmc@gmail.com

Questions can be emailed to the WSNA Executive Director at:
wsnaexecmc@gmail.com.
WSNA Workforce Training Grant Application

Complete the following Application and email to: wsnaexecmc@gmail.com
Questions can be emailed to the WSNA Executive Director at: wsnaexecmc@gmail.com

Name:
___________________________________________________________________

Address:
_________________________________________________________________

Best Telephone Contact Number: _______________ (___Mobile ___Land Line)

SNA/WSNA Membership #: __________________ email address
_________________________

How many years have you been a WSNA member? ______

School District Employed by/ Employer: __________________

In one paragraph answer- How would the WSNA Workforce Development grant help you with your professional goals?

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

I hereby apply for a scholarship in the amount of:

_____ $250     _____up to $500     _____Other (please specify)

_____ (Please check) I agree to provide the following documentation; class name, payment amount and proof of completion.

---

On behalf of the WSNA board, thank you for applying!
**Voting Time!**

The Nominating Committee would like to thank the candidates who are running for positions on the Executive Board for the coming year, 2023 - 2024. They are motivated members who have chosen to represent all of us as leaders of WSNA.

Voting will take place at the Annual State Conference in the registration area. If you cannot be present, you can request an absentee ballot. Requests must be post-marked by June 30th. Please be sure to include a self-addressed stamped envelope. Requests must be made by the individual member.

We wish all our candidates the best and thank them for running for a position on the WSNA board.

**Slate of Candidates:**
- **President Elect** – Karen Brown – Franklin Pierce
- **Vice President** – Alexandra Epstein-Solfield – Ellensburg
- **Regional Lead 1** - Erika Santana – Highline Public Schools
- **Regional Lead 3** - Stephine Burkett - East Valley SD

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*Official Publication of the Washington School Nutrition Association*
Position: President Elect  
Name: Karen Brown, SNS  
Job title: Nutrition Services Director  
District: Franklin Pierce Schools

How many years working in child nutrition: 30  
How many years a member of WSNA: 27

In my 30 years in school food, I never thought I would willingly offer to run for VP, President Elect, or President. My previous Board service included a term as the Education Chair, the Secretary/Treasurer for two terms and I came back last year to run for that position again. I realized from my current time on the Board that it was time to put myself out there and run for President Elect.

My hope is to see us offer a virtual component for all of our in-person meetings. I would love to hear from our members, particularly the younger ones, about what they need from their Association. But most importantly, I want to make sure the Board is being good stewards of the trust that you all put in us when we ran for office and were elected. School food is why I went to WSU (Go Cougs!) and has been my career for thirty years. I am hoping that I can spend the last few years of my career helping the Association because it’s important that we always leave things better than how we found them.

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doug@voeller.com • steve@voeller.com  
(425) 644-7432
Position: Vice President  
Name: Alexandra Epstein-Solfield  
Job title: Child Nutrition Director  
District: Ellensburg School District

How many years working in child nutrition: 6  
How many years a member of WSNA: 4

I began working for Ellensburg School District as the Child Nutrition Director four years ago and on the WSNA board two years ago as the Region 3 Lead. I am a registered dietitian and I believe strongly that nutrition is the foundation to learning. For me, involvement in the WSNA board is an important step in advocating for our industry, whether it is at the local or national level. It has also provided me with the opportunity to meet a lot of wonderful people, many of whom are now close friends. If elected I would like to assist in updating our marketing approach and expanding membership. Improving digital access and streamlining member resources is also a priority of mine. I am excited by this opportunity.

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My name is Erika Santana. I currently serve you as Regional Lead 1 on the WSNA board. It has been such a privilege and great experience at participating these 2 years. Hopefully also allowing me 2 more. I have truly loved working alongside our board members. There are so many moving parts to this association. You never stop learning. I have been working in the food industry for quite some time, more than 10 years. I am a kitchen lead at Highline Public Schools district. The part I enjoy the most is working with children. They truly are sunlight in gloomy days. I believe we all form a big part of our student’s lives. I also believe that we have a voice and we should use our experiences, also working along others who want to change children’s lives for the better. If we want inclusivity and change we have to look for opportunities to help and guide for a greater tomorrow. I truly believe that WSNA is a place where we can grow, learn and help us progress to the next level in our school nutrition career. Thank you for allowing WSNA board to serve you.

Erika Santana, Region Lead 1

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Carmen Steele | Portland/Spokane | 509-217-1163
Amanda Kjellesvik | Fife | 253-620-3880

MANAGERIAL SUPPORT
Pam Olsen | 206-218-6848
Position: Regional Lead 3
Name: Stephine Burkett
Job title: Food Service Director
District: East Valley School District-Yakima

How many years working in child nutrition: 10
How many years a member of WSNA: 9

My journey began as a sub in a small school district. I really enjoyed working in the kitchen. My supervisor there encouraged me to put in the work to become a Director. She thought I would be great at it. I took her advice! With a huge support system, and the will of God I ended up becoming the Food Service Director at East Valley School District-Yakima. I absolutely love it here; the people are amazing, and I love serving our students.

I really like to focus on serving the students meals they love while complying with the USDA meal standards. This can be a very tricky balancing act! My hope for the future is to serve the students such delicious meals and provide them with such amazing, kind, customer service that the old-fashioned school lunch and lunch lady stigma is forgotten. I want our students to be excited about the meal and kindness they get from us every day!

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For more information or samples contact

Matt Kazmer
mkazmer@nationalfoodgroup.com | 248.560.2366

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Call for Leadership: Seeking Candidates / Nominations
Have You Ever...

- Wanted to play a larger role in helping WSNA provide successful programs for its members?
- Wished you could have a greater voice for WSNA?
- Had the desire to become involved on the state level for WSNA?
- Wanted to give what you could and give back to WSNA for all it does for its members?

If you answered “yes” to any of the above, please call or email us today. We would love to visit with you, answer your questions, and provide you with a job description. The Leadership committee would like you to step forward or nominate that person you know would do a wonderful job for WSNA.

Open positions are President Elect, Vice President, Northwest Region 1 Lead, and Southeast Region 3 Lead. You may use the form below to nominate yourself or someone else.

E-Mail or mail the form to: Mindy Cass, 13514 W. Sunset Highway  B 362. Airway Heights. WA  99001
wsnaexecmc@gmail.com  Cell: 509-999-5076

### Recommendation for Nomination/

<table>
<thead>
<tr>
<th>Nominee’s Name</th>
<th>Nominated Position</th>
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<tbody>
<tr>
<td>Address</td>
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<td>Home Phone</td>
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<td>Current Chapter</td>
<td>Years of Membership</td>
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<tr>
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<td>Nominee’s Mbrship #</td>
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</table>

Nominator’s Printed Name
Nominator’s Signature

❑ The nominated member has been contacted and is willing to run for this position.
❑ The nominated member has not agreed to be considered for this position, but I believe that he/she is qualified to run.

---

**Exercise Your Rights: VOTE!**

Voting will take place at State Conference. If you cannot be present, you can request an absentee ballot. Requests must be postmarked by June 30th. Be sure to include a self-addressed stamped envelope.

### Absentee Ballot Request

I request that an absentee ballot be sent to me for the Election of State Officers, on Monday, July 24th at the Annual Conference in Tacoma, Washington.

Signature ____________________________
Date ________________________

Please print the following information:

Name:__________________________
Member # ________ Phone _____________
Address: ________________________________
City/State/ZIP _____________________________

Must include a self-addressed stamped envelope, and requests must be made by the individual member. Mail to: Wendy Weyer, 12037 N.E 5th St. Bellvue, WA  99001

www.washingtonsna.org
Seeking Nominations for WSNA Apple Awards

Nominations Due: June 15, 2023

Please read over the awards and criteria listed below and nominate someone you believe is a good candidate for the award using the form on page 2. We need to hear about them from you about outstanding candidates for these awards.

The first two awards are designed for WSNA members working in a school district. The third is for an industry member. The winners of the Golden Apple, Apple Blossom and Industry Awards will receive special recognition with their peers at the district or chapter level and at WSNA Annual State Conference. They will receive an award in recognition of their achievement.

Golden Apple Award

Who is eligible? A certified WSNA member employed in a school district’s meal program (all categories of employees except Directors)
What are the criteria? The candidate demonstrates outstanding leadership and professionalism. A Golden Apple Award candidate is an enthusiastic role model and is an inspiration to others in the school food service program, local chapter, or the state association.

Apple Blossom Award

Who is eligible? A WSNA member who has been employed for 5 years or less in a school district’s meal program (all categories of employees except Directors)
What are the criteria? The candidate demonstrates leadership, enthusiasm, and dedication to the school meals program. An Apple Blossom Award candidate is someone who has made a marked difference in the short time they have been involved in the school’s meal program, local chapter, or the state association and is a source of inspiration to others.

Industry Award

Who is eligible? Any person working in industry who impacts school meals programs.
What are the criteria? The candidate demonstrates outstanding leadership qualities and supports child nutrition programs above and beyond the normal duties of his/her position.

WSNA Award Nomination Form
Due by June 15, 2023

I nominate ___________________ for the award marked below. (Check only one, using the criteria outlined to determine your choice.)

☐ Golden Apple Award  ☐ Apple Blossom Award (5 years or less)  ☐ Industry Award

Candidate’s Information:

School District: ____________________________
Job Title: ____________________________
Address: ____________________________ City/State/ZIP ____________________________
Daytime Phone: ____________________________ Email: ____________________________

Please describe in the space below how your nominee demonstrates leadership, enthusiasm, and dedication to the school meals program. How have they been an inspiration or a role model to others in the work environment or in the chapter or state association? Describe your nominee’s single greatest achievement; be specific please. If applicable, list any community activities or awards they may have received related to Child Nutrition. (Attach additional sheet if necessary)

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Your Name/School District/Title ____________________________
How do we contact you if we have any questions? Phone # ____________________________

Send completed application to: Wendy Weyer, 12037 N.E. 5th St. Bellevue, WA 98005

Do not write below this line— for WSNA use only

WSNA/SNA Membership Number __________ Nominee is certified ______ Yes ______ No
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<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>May 17, 2023</td>
<td>WSNA Conference Committee Meeting @ 3 PM</td>
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<tr>
<td>June 13, 2023</td>
<td>WSNA Conference Committee Meeting @ 3 PM</td>
</tr>
<tr>
<td>June 15, 2023</td>
<td>WSNA Scholarship Applications due to Executive Director</td>
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<tr>
<td>June 15, 2023</td>
<td>Apple Award Nominations due to Executive Director</td>
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<tr>
<td>July 9-11, 2023</td>
<td>SNA Annual National Conference, Denver Colorado</td>
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<tr>
<td>July 23, 2023</td>
<td>WSNA Board Meeting, Tacoma 9:00 AM- 12:00 PM</td>
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<tr>
<td>July 24, 2023</td>
<td>CFPM Training and Exam</td>
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<td>July 23, 2023</td>
<td>SNS Exam</td>
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<td>July 23, 2023</td>
<td>Field-to-Flavor Showcase</td>
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<tr>
<td>July 24-26, 2023</td>
<td>WSNA Annual State Conference, Tacoma</td>
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<tr>
<td>July 26, 2023</td>
<td>WSNA Board Meeting and Training, Tacoma 1:00-5:00 PM</td>
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<tr>
<td>July 28-July 31, 2024</td>
<td>Summer Conference in SPOKANE, WASHINGTON!</td>
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